

YOUR DAY

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Count: 32 **Wall:** 2 **Level:** beginner

Choreographer: Lone Darling & Lene Nielsen

Music: Spirit Of The Hawk by The Rednex

RIGHT ROCK STEP FORWARD, RIGHT CHASSE LEFT ROCK STEP FORWARD, LEFT CHASSE

- 1-2 Rock forward on right recover on left
- 3&4 Step right to right step left beside right step right to right
- 5-6 Rock forward on left recover on right
- 7&8 Step left to left step right beside left step left to left

TOUCH FORWARD, TOUCH BACK, TURN ¼ RIGHT, TOUCH FORWARD, TOUCH BACK, TURN ¼ LEFT

- 1-2 Touch right heel forward touch right toe back
- 3-4 Turn ¼ right on both feet close left beside right
- 5-6 Touch left heel forward touch left toe back
- 7-8 Turn ¼ left on both feet close right beside left

MODIFIED JAZZ BOX WITH SIDE TOUCH. JAZZ BOX WITH ½ TURN

- 1-2 Step right over left step back left
- &3-4 Step right to right side cross left over right point right to right side
- 5-6 Step right over left step left ¼ to right
- 7-8 Step right ¼ to right step left beside right

RIGHT & LEFT DIAGONAL STEPS WITH HEEL & TOE SWIVELS

- 1 Stomp right diagonal forward to right
- 2-4 Swivel left up to right heel in, to in, heel in (weight on right)
- 5 Stomp left diagonal forward to left
- 6-8 Swivel right up to left, heel in, toe in, heel in. Weight on left

Option: on the last 8 counts, when you stomp right take you right hand up in front of the cowboy hat and lean a little forward when you swivel. Change to left hand when you stomp left

REPEAT

To Ingrid Hansen who loves this track

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=47742