

SLOWING DOWN

LINEDANCE.COM

Count: 64 **Wall:** 2 **Level:** intermediate

Choreographer: Terry Hogan

Music: Slow Poke by Tom Morrell & The Timewarp Tophands

- 1-2&** Rock/step left foot slightly forward, rock back onto right, step left foot beside right
- 3-4** Step right foot slightly forward, tap left toe across behind right heel
- 5-6** Step left foot forward, brush right foot forward
- 7-8** Brush right foot backward, tap right toe to the back

- 9-10** Step right foot to the side, hold
- 11&** Step left across behind right, rock/step ball of right foot to the side
- 12-13** Rock/replace weight onto left, step right across behind left foot
- 14-15** Rock/step ball of left foot to the side, rock/replace weight onto right foot making $\frac{1}{4}$ turn right
- 16** Brush left foot forward

- 17-18** Step forward on left foot, tap right toe behind left heel
- 19-20&** Step backward onto right foot, make $\frac{1}{4}$ turn left & step left foot to the side, step right beside left
- 21-22** Step left to the side, tap right toe across behind left foot
- 23-24** Rock/step right foot to the side, rock/replace weight on left foot

- 25&26** Cross shuffle right foot in front of left (right-left-right) (traveling left)
- 27-28** Rock/step left foot to the side, rock/replace weight on right foot making $\frac{1}{4}$ turn left
- 29** Make $\frac{1}{2}$ turn left on ball of right foot & step left foot forward
- 30** Make $\frac{1}{2}$ turn left on ball of left foot & step right foot backward
- 31** Make $\frac{1}{2}$ turn left on ball of right foot & step left foot forward

Counts 29-31 total 1 ¼ rolling turn to finish facing 6:00 wall

- 32** Step right foot forward
- 33-34&** Rock/step left foot slightly forward, rock backward onto right, step left foot beside right
- 35-36** Step right foot forward, brush left foot forward
- 37&38** Shuffle forward left-right-left
- 39-40** Step right foot forward, make ¼ turn right on right foot swinging left foot around close to floor
- 41-42** Step left foot across in front of right, hold
- &** Step right foot to the right side
- 43-44** Step left foot across in front of right, hold
- &45** Step right foot to the right side, step left foot across in front of right
- 46** Rock/step right foot to the side & make ¼ turn right
- 47** Make ¼ turn right on ball of right foot & step left foot to the side
- 48** Make ¼ turn right on ball of left foot & step right foot to the side

You will be facing 6:00 wall when you complete count 48

- 49-50** Step left foot across in front of right, hold
- &** Step right foot to the right side
- 51-52** Step left foot across in front of right, hold
- &53** Step right foot to the right side, step left foot across in front of right
- 54** Rock/step right foot to the side
- 55** Rock sideward onto left foot & make ½ turn left
- 56** Step right foot to the side
- 57&58** Step left across behind right, step right foot to the side, step left across in front of right foot
- 59-60** Step right foot to the side, hold

- 61&62** Step left across behind right, step right foot to the side, step left across in front of right foot
- 63** Step right foot to the side
- 64** Make ½ turn right on ball of right foot swinging left foot around close to floor

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=38948