

# Ten Thousand Bear

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**Count:** 128

**Wall:** 1

**Level:** Phrased High Beginner

**Choreographer:** Tina Chen Sue-Huei , Taiwan (Sept 2015)

**Music:** Yī wàn gè shěbudé - zhuāng xīn yán

**SOD: AA-Tag\*(4)-BCD-tag(16x2)-AA-Tag\*(4)-BCD-BCD**

**Start dance after 48 counts.**

**Tag\*(4): R Fwd ½ L, R Fwd ½ L**

**1-4** Fwd step R, ½ Turn left recover on L, Fwd step R, ½ Turn left recover on L

**Tag (16X2):**

**[1-8] Touch Side & Beside on R, Side R Touch L, Touch Side & Beside on L, Side L & Touch**

**1-4** Side touch R & Touch beside L, Side step R & Touch L beside R

**5-8** Side Touch L & Touch beside R, Side step L & Touch R beside L

**[9-16] Fwd R & Hold, Fwd ½ R Fwd, Fwd L & Hold, Fwd ½ L Fwd**

**9- 12** Fwd step R & Hold (10), Fwd step L, ½ Turn right Fwd step R

**13- 16** Fwd step L & Hold (13), Fwd step R, ½ Turn left Fwd step L

**Main Dance**

**Part A(32)**

**AI. R Toe Strut, L Cross Toe Strut, Side Rock Recover Cross Hold**

**1-2** Touch R toes to R diag fwd, Step down on R

**3-4** Cross L toes over R & touch to R diag fwd, Step down on L

**5-8** Side rock R, Recover on L, Cross R over L, Hold (8)

**All. L Toe Strut, R Cross Toe Strut, Side Rock Recover Cross Hold**

**1-2** Touch L toes to L diag fwd, Step down on L

**3-4** Cross R toes over L & touch to L diag fwd, Step down on R

**5-8** Side rock L, Recover on R, Cross L over R, Hold (8)

### **AIII. Fwd Hold, Fwd Hold, ½ L Fwd Hold**

1-4 Fwd step R, Hold (2), Fwd step L, Hold (4)

**5-6½ Turn left fwd step R, Hold (6) ....6.00**

7-8 Fwd step L, Hold (8)

### **AIV. Fwd Hold, Fwd Hold, ½ R Fwd Hold**

1-4 Fwd step L, Hold (2), Fwd step R, Hold (4)

**5-6½ Turn right fwd step L, Hold (6) ....12.00**

7-8 Fwd step R, Hold (8)

## **Part B(32)**

### **BI. Side Touch & Beside, Side & ¼ L Touch Beside, , (Side Step Touch Beside)\*2**

1-2 Side touch R, Touch R beside L

3-4 Side step R, ¼ Turn left (9.00) Touch L beside R

5-8 Side step L & Touch R beside L, Side step R & Touch L beside R

### **BII. Side Touch & Beside, Side & ¼ L Touch Beside, (Side Step Touch Beside)\*2**

1-2 Side touch L, Touch L beside R

3-4 Side step L, ¼ Turn left (6.00) Touch R beside L

5-8 Side step R & Touch L beside R, Side step L & Touch R beside L

### **BIII. Side Touch & Beside, Side & ¼ L Touch Beside, (Side Step Touch Beside)\*2**

1-2 Side touch R, Touch R beside L

3-4 Side step R, ¼ Turn left (3.00) Touch L beside R

5-8 Side step L & Touch R beside L, Side step R & Touch L beside R

### **BIV. Side Touch & Beside, Side & ¼ L Touch Beside, (Side Step Touch Beside)\*2**

1-2 Side touch L, Touch L beside R

3-4 Side step L, ¼ Turn left (12.00) Touch R beside L

5-8 Side step R & Touch L beside R, Side step L & Touch R beside L

## **Part C(32)**

### **CI. Diag Fwd R Lock Steps Touch, Diag Fwd L Lock Steps Touch**

**1-4** Diag fwd right lock steps on RLR, Touch L beside R

**5-8** Diag fwd left lock steps on LRL, Touch R beside L

### **CII. Fwd Rocking Chair, ½ L Fwd, Touch Beside**

**1-4** Fwd rock R, Recover on L, Back rock R, Recover on L

**5-8** Fwd step R, ½ Turn left, Fwd step L, Fwd step R, Touch L beside R

### **CIII. Repeat Sect. CI.**

### **CIV. Repeat Sect. CII.**

### **Part D(32)**

### **DI. Facing 12.00, Rock Back Recover, Fwd Shuffle, ¼ R ½ L Back Shuffle**

**1-2** Back rock R, Recover on L

**3&4** Fwd shuffle on RLR

**5-6¼ Turn right (3.00) Fwd step L, ½ Turn left (9.00) Back step R**

**7&8** Back shuffle on LRL

### **DII. Facing 9.00, repeat Sect. DI.**

### **DIII. Facing 6.00, repeat Sect. DI.**

### **DIV. Facing 9.00, repeat Sect. DI.**

### **Happy Dancing!**