

# Shake it off

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**Count:** 56      **Wall:** 4      **Level:** High Beginner

**Choreographer:** DJ Dancin Jen (Jen Workman) January 2019

**Music:** "Shake it off" by Taylor Swift

## Section 1: Sliding Forward Right then left

**1-4** Step forward at an angle right together left, right together left.

**5-8** Step forward at an angle left together right, left together right.

## Section 2: Hopping backwards right to left.

**1-4** Hop back angle right, right left, this is 1 and 2. Hop back angle left, left right, this is 3 and 4.

**5-8** Hop back angle right, right left, this is 5 and 6. Hop back angle left, left right, this is 7 and 8.

## Section 3+4: Ankle swivels $\frac{1}{4}$ turn and $\frac{1}{2}$ turn.

**1-4** Step out with right foot and swivel with right for 4 counts while turning  $\frac{1}{8}$  th of turn left.

**5-8** Finishing  $\frac{1}{4}$  turn by swiveling left foot for 4 counts.

**1-4** Step out right and swivel 4 counts for  $\frac{1}{4}$  turn.

**5-8** Swivel left for 4 counts for  $\frac{1}{4}$  turn.

## Section 5: Right together left, left together right.

**1-4** Right together left, right together left.

**5-8** Left together right, left together right.

## Section 6: Stomp right hold, stomp left hold, and shake.

**1-4** Stomp to the Right for 1-2, Stomp to the left for 3-4.

**5-8** Swing hips right left right left for 5-6-7-8.

## Section 7: 4 heel $\frac{1}{4}$ turns.

**1-4** Right heel  $\frac{1}{4}$  turn left, left heel and stay.

**5-8** right heel  $\frac{1}{4}$  turn left, left heel and stay.