

SCRATCH THIS

LINEDANCE.COM

Count: 32

Wall: 4

Level: intermediate line/contra dance

Choreographer: Guyton Mundy

Music: The Itch by Vitamin C

MAMBO, STEP, 1 $\frac{1}{4}$ TURN, STEP, TOUCH

- 1&2** Step forward on right, step together with left, step back on right
- 3&4** Step back on left, step together with right, step forward on left
- 5-6** Step forward on right, make a $\frac{1}{2}$ turn to the left, keeping weight on left
- 7-8** Continue making a $\frac{3}{4}$ turn to the left ending with weight on right, touch left to left side

SAILOR, SHUFFLE LOCKS, STEP BEHIND, $\frac{1}{2}$ TURN, COASTER

- 1&2** Step left behind right, step together with the right, step forward on left
- 3&4** Lock right behind left, step forward on left, lock right behind left
- 5-6** Step back on left, make a $\frac{1}{2}$ turn to the left, keeping weight on right
- 7&8** Step left behind right, step together with right, step forward on left

TOE TOUCHES, STEP SLIDE, BODY POPS

- 1&2&** Touch right to right side, step together with right, touch left to left side, step together with left
- 3&4** Touch right forward, step together with right, step forward on left
- 5** Slide right to left while bringing hands up to chest with palms down, elbows are out to the sides
- &** Extend arms straight down in front of body, wrist should be bent with palms facing the ground
- 6** Spread knees apart while taking hands out with the knees
- &** Bring knees together while bringing hands back in
- 7** Bring hands up to head, with palms facing each other, fingertips will be pointing up
- &** Turn head to the left while turning hands the same way
- 8** Bring head back forward while turning hands back to neutral in front of face (neutral is count 7)

Drop hands on count 1 of the next 8 counts

MAMBO, ½ TURN COASTER, SHOULDER POPS, SLIDE TOGETHER

- 1&2** Step forward on right, together with left, back on right
- 3-4** Step back on left, do ½ turn to the left (keeping weight on right)
- 5&6** Step behind left, together with right, out to left side with left
- 7&8** Shrug shoulders left-right, slide feet together

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=37397