

SAID & DONE

LINEDANCE.COM

Count: 64

Wall: 2

Level: intermediate

Choreographer: Paul Foxall

Music: Life by Des'ree

- 1-4** Walk forward right, left, right, left
- 5&6** Kick right across left, step right across left, step back on left
- 7-8** Step to right side, sway body to the left
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- 1&2** Right side chasse
- 3-4** Rock right across left, recover
- 5&6** Left side chasse
- 7-8** Cross right over left, unwind $\frac{3}{4}$ of a turn to the left
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- 1-4** Walk forward right, left, right, left
- 5&6** Kick right across left, step right across left, step back on left
- 7-8** Step right to right side, step left over right
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- 1-2** Step right forward into $\frac{1}{4}$ of a turn to the right
- 3&4** Turn a full turn over right shoulder
- 5-6** Rock forward on left, recover
- 7&8** Step left foot behind right, step right foot to right side, step left foot across right
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- 1-2** Stamp right foot to right side, hold
- 3&4 $\frac{1}{4}$ turning left shuffle to left side**
- 5-6** Stamp right foot to right side, hold
- 7&8** Shuffle $\frac{1}{4}$ of a turn to the left

- 1-2** Step right across left, step back on left foot
- &3-4** Quickly step on to right foot and cross left over right, step to the right side
- 5&6** Left sailor step
- 7&8** Right sailor step

- 1-2** Stamp left to left side
- 3&4** Right side chasse
- 5-6** Stamp left foot forward

7&8½ turning right shuffle

- 1-2** Step left foot across right, step right forward into ¼ of a turn to right
- &3-4** Step left foot forward, step right across left, step left foot back to left diagonal
- 5&6** Right sailor step
- 7&8** Left sailor step

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=--done-ID37002