

EZ Running

LINEDANCE.COM

Count: 16 **Wall:** 2 **Level:** Easy Beginner

Choreographer: Betty Lee (Canada) December 2018

Music: Running by James Bay

Intro: 32 counts

SECTION 1: R NIGHTCLUB BASIC, SIDE, STEP-LOCK-STEP, FORWARD ROCK, BACK-LOCK-BACK

- 1, 2&3** Big step R to R side (1), Rock back on L (2), Recover onto R (&), Step L to L side (3)
- 4&5** Step Fwd R, Lock step L behind R, Step Fwd R
- 6,7** Rock step Fwd on L, Recover onto R
- 8&1** Step back L, Lock step R in front of L, Step back L

SECTION 2: SWAY R-L, R COASTER, STEP, PIVOT ½ R, STEP

- 2,3** Step R to R side swaying hips to R, Sway hips to L (weight onto L)
- 4&5** Step back R, Step L next to R, Step Fwd R
- 6,7,8** Step fwd L, Pivot ½ turn R weight onto R, Step Fwd L (6:00)

REPEAT