

Up For Air

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Count: 48 **Wall:** — **Level:** Phrased Intermediate

Choreographer: Guillaume RICHARD - Oct 2015

Music: Up For Air by Conchita Wurst

Start the dance after 4 counts on the lyrics

Sequence: AAA - B-AA (Restart) -AAA - B-A-BB - AAA

PART A : (Nightclub): 16 counts

A[1-8] : Right Basic - Sweep - ½ Diamonds - Full Turn

1-2&: Step R to R - Slide L behind R - Cross R over L

3-4&: Step L forward in L diagonal and Sweep R over L in the same time (10.30) - Cross R over L - Step L backward with ¼ turn R (1.30)

5-6&: Step R backward - Step L backward - Step R forward with 1/8 turn R (3.00)

7-8&: Step L forward - Making ½ turn L stepping R backward - Making ½ turn L stepping L forward

A[9-16] : ¼ Turn Right Basic - ¼ Turn Step Back - Step Back x2 - ½ Turn Sweep - Cross - Back - ¼ Turn Step - Rock Step

1-2&: Making ¼ turn L stepping R to R - Slide L behind R - Cross R over L

3-4&: Making ¼ turn R stepping L backward - Step R backward - Step L backward

5-6&: Making ½ turn R stepping R forward and sweep L over R in the same time - Cross L over R - Step R backward

7-8&: Making ¼ turn L stepping L to L - Cross R over L - Recover on R

PART B : (Rythm) : 32 counts

B[1-8] : Triple Step - Rock Step - Toe Strut x2

1&2: Step R to R - Step L next to R - Step R to R

3-4: Step L behind R - Recover on R

5-6: Toe L to L - Heel L onto floor

7-8: Toe R over L - Heel R onto floor

B[9-16] : Triple Step - Rock Step - Toe Strut with $\frac{1}{4}$ turn x2

1&2: Step L to L - Step R next to L - Step L to L

3-4: Step R behind L - Recover on L

5-6: Toe R backward with $\frac{1}{4}$ turn L - Heel R onto floor

7-8: Toe L to L with $\frac{1}{4}$ turn L - Heel L onto floor

B[17-24] : Rock Step - Triple Step - Rock Step - Triple Step with $\frac{1}{4}$ turn

1-2: Cross R over L - Recover on L

3&4: Step R to R - Step L next to R - Step R to R

5-6: Cross L over R - Recover on R

7&8: Step L to L - Step R next to L - Making $\frac{1}{4}$ turn L stepping L forward

B[25-32] : Rock Step - $\frac{1}{4}$ turn Step - Touch - Rolling Vine - Touch

1-2: Step R forward - Recover on L

3-4: Making $\frac{1}{4}$ turn stepping R to R - Touch L to L

5-6: Making $\frac{1}{4}$ turn L stepping L forward - Making $\frac{1}{2}$ turn L stepping R backward

7-8: Making $\frac{1}{4}$ turn L stepping L to L - Touch R next to L

Restart : At wall 6, Part A, dancing the first 8 counts and Restart the dance with $\frac{1}{4}$ turn L and then Right Basic to face the good wall

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