

# Shangri La

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**Count:** 64

**Wall:** 2

**Level:** Beginner / Intermediate

**Choreographer:** Nelly Chu (March 2012)

**Music:** Shangri La by Costa Cordalis

## Intro 8 counts

### Right vine, touch, rolling turn left touch

- 1 2 3 4** Step right to right side, cross left behind right, step right to right side, touch left next to right
- 5 6 7 8** Make  $\frac{1}{4}$  turn left step forward on left,  $\frac{1}{2}$  turn left step back on right,  $\frac{1}{4}$  turn left step left to left side, touch right next to left (12:00)

### Restart during wall 2 and wall 5 facing 6 o'clock begin the dance again

### Back, back, back, touch, step kick, step touch

- 1 2 3 4** Step back right, left, right, touch left toe back
- 5 6 7 8** Step forward on left, kick forward on right, step back on right, touch left toe back

### Shuffle forward x2, rock recover, coaster step

- 1&2** Forward left shuffle stepping left, right, left to left diagonal
- 3&4** Forward right shuffle stepping right, left right to right diagonal
- 5 6** Rock forward on left, recover on right
- 7&8** Step back on left, step right beside left, step forward on left (12:00)

### Forward step, pivot $\frac{1}{4}$ turn left, cross shuffle, $\frac{1}{2}$ turn right, cross shuffle

- 1 2** Step forward on right, pivot  $\frac{1}{4}$  turn left step left in place (9:00)
- 3&4** Cross right over left, step left to left side, cross right over left
- 5 6** Make  $\frac{1}{4}$  turn right step back on left,  $\frac{1}{4}$  turn right step right to right side (3:00)
- 7&8** Cross left over right, step right to right side, cross left over right

### Touch, kick, behind, side, cross, touch, kick, behind, $\frac{1}{4}$ turn right, step

- 1 2** Touch right toe beside left, kick right forward to right diagonal
- 3&4** Cross right behind left, step left to left side, cross right over left
- 5 6** Touch left toe beside right, kick left forward to left diagonal

**7&8** Cross left behind right, ¼ turn right stepping forward right, step forward on left (6:00)

**Forward rock, recover, ½ turn right x2, rock back kick ball touch**

**1 2** Rock forward on right, recover on left

**3 4** Make ½ turn right, stepping forward on right, ½ turn right stepping back on left

**5 6** Rock back on right, recover on left (6:00)

**7&8** Kick right forward, step on ball of right beside left, touch right toes forward

**Step back, touch x4, hips bumps left, right, left, right**

**&1&2** Step back on left, touch right toes forward, step back on right, touch left toes forward

**&3&4** Step back on left, touch right toes forward, step back on right, touch left toes forward

**5 6 7 8** Step left to left side with hips bumps left, right, left, right

**Chasse left, rock back, recover, step together, swivel**

**1&2** Step left to left side, step right beside left, step left to left side

**3 4** Rock back on right, recover on left (6:00)

**5 6** Step right to right side, step left beside right

**7 8** Swivel both heels to right side, swivel back to centre

**Restart during wall 2 dance up to 8 counts facing (6:00)**

**Restart during wall 5 dance up to 8 counts facing (6:00)**

**Start again and have fun!**