

# No Excuses

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Roger(leftfoot)Hunter - July 2018

**Music:** No Excuses by Meghan Trainor

## #16 ct. intro

### Sec-1) Scissor R,Scissor L,Vine R.

1&2-3&4step R to side,step L slightly R,cross R over L. Step L to side,step R slightly L,cross L over R.

5-8step R to R,step L behind R,step R to R,touch L next to R.

### Sec-2) Step ½ Turn L,Behind Side Cross,Step Touch x2

1-2 3&4step L 1/4 ,step R ¼,step L behind R,step R to R,cross L over R.

5-8            Step R to R,touch L next to R,step L to L,touch R next to L

### Sec-3) Step ½ turn R,Behind Side Cross,Step Touch x2

1-2 3&4step R 1/4 ,step L ¼,step R behind L,step L to L,cross R over L.

5-8            Step L to L,touch R next to L,step R to R,touch L next to R

### Sec-4) Side Rock,Cross¼Turn,Coaster step,Walk,Walk

1-4            Step L to side,recover on R,cross L over R,step R making ¼ turn L

5&6 7,8      Step L behind R,step R slightly back,step L forward, Step R forward,step L forward.

### TAG\* (Tag on 1st,3rd and 5th walls)

### Jazz Box,Jazz Box ¼ turn Right.

1-4            Step R cross L.step L back,Step R to R,step L next to R

5-8            Step R cross L.step L back,Step R ¼ turn to R,step L next to R

### Walk,Walk,Rocking Chair\*\*,Walk,Walk .

1-4            Step R forward,step L forward,step(rock)R forward,recover on L,

5-8            Step(rock)back on R,recover on L,step R forward,step L forward.

**\*\* (May substitute step ½ turn x2 for rocking chair)**

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