

ROUGH & READY

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Count: 40

Wall: 4

Level: intermediate

Choreographer: Cathy Falconer

Music: Rough And Ready by Trace Adkins

ROCK BACK, ROCK FORWARD, ROCK FORWARD, ROCK BACK, SPIN BACK TO RIGHT

- 1-4** Rock back on right, rock forward on left, rock forward on right, rock back on left,
- 5-8** Step forward with right making $\frac{1}{2}$ turn right, step back with left making $\frac{1}{2}$ turn right, step forward with right making $\frac{1}{2}$ turn right, step forward with left

TWO KICK BALL CHANGES, TOUCH, TOUCH, SAILOR $\frac{1}{4}$ TURN

- 9&10** Kick right foot forward, step on ball of right, change weight to left
- 11&12** Kick right foot forward, step on ball of right, change weight to left
- 13-14** Touch right toe forward, touch right toe to right side
- 15&16** Step right behind left making $\frac{1}{4}$ turn right, step left too left side, step right to right side

CROSS STEPS $\frac{1}{4}$ TURN, STEP $\frac{1}{2}$ TURN, TRIPLE STEP

- 17-20** Cross left over right, step right to right side, step left behind right, step right to right side making $\frac{1}{4}$ turn right
- 21-22** Step forward with left, make $\frac{1}{2}$ turn right bring weight to right foot
- 23&24** Triple step forward left, right, left

JAZZ BOX $\frac{1}{4}$ TURN, SHUFFLE RIGHT, ROCK STEP

- 25-28** Step right over left, step left back, step right making $\frac{1}{4}$ turn right, step left beside right
- 29&30** Step right to right side, step left together, step right to right side
- 31-32** Step left behind right, replace weight on right

MILITARY TURNS, ROCK FORWARD, ROCK BACK, TRIPLE STEP BACK

- 33-36** Step left foot forward make $\frac{1}{2}$ turn right bringing weight to right foot, step left foot forward make $\frac{1}{2}$ turn right bringing weight to right foot
- 37-38** Rock forward on left foot, rock back on right foot
- 39&40** Triple step back left, right, left

REPEAT

