

THE TIME OF YOUR LIFE

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Count: 64

Wall: 4

Level: intermediate

Choreographer: Dougie D

Music: Tonight by Lionel Richie

WALKS BACKWARD, HEEL SWIVELS, CROSS ROCK & CROSS ROCK

- 1&2** Step back right with heel out, swivel heel in, step back left with heel out, swivel heel in
- 3&4** Repeat 1&2
- 5-6** Cross right over left, rock back on left
- 7&8** Step right to right side, cross left over right, step right beside left (weight on left)

TOE POINTS RIGHT & IN, SWIVEL ½ LEFT. TOE POINTS LEFT & IN SWIVEL ½ RIGHT.

- 1&2** Point right toe out to right side, bring right toe beside left, point right toe out to right side
- 3-4** Cross right over left, swivel ½ turn left
- 5&6** Point left toe out to left side, bring left toe beside right, point left toe out to left side
- 7-8** Cross left over right, swivel ½ turn right

CROSS ROCK ROCK CHASSE RIGHT CROSS ROCK CHASSE LEFT

- 1-2** Cross right over left, rock back on left
- 3&4** Step right to right side, step left beside right, step right to right side
- 5-6** Cross left over right rock back on right
- 7&8** Step left to left side, step right beside left, step left to left side

RIGHT SAILOR, LEFT SAILOR WITH ¼ TURN LEFT, FORWARD ROCK ON RIGHT, RIGHT COASTER STEP

- 1&2** Step right behind left, step left to left side, step right to right side
- 3&4** Step left behind right, step right to right side, step left to left side with ¼ turn left
- 5-6** Rock forward on right, rock back on left
- 7&8** Step back on right, step left beside right, step forward on right

HEEL JACKS, LONG STEP BACK ON LEFT STEP RIGHT BESIDE LEFT HIP SWAYS

- 1&2&** Step left heel forward, step left beside right, step right heel forward, step right beside left
- 3-4** Long step back on left, step right beside left

5-6 Sway hips right, left

7&8 Sway hips right, left, right

STEP ¼ LEFT, TWO ½ TURNS LEFT, RIGHT BESIDE LEFT, SIDE STEP CHASSE RIGHT

1-2 Step ¼ left with left, turn ½ left, step back on right

3-4 Step back on left with ½ turn left, step right beside left

5-6 Step right to right side, step left beside right

7&8 Step right to right side, step left beside right, step right to right side

SIDE STEPS CHASSE LEFT, STEPS BACK WITH HEEL SWIVELS

1-2 Step left to left side, step right beside left

3&4 Step left to left side, step right beside left, step left to left side

5&6 Step back right with heel out, swivel heel in, step back left with heel out, swivel heel in

7&8 Step back left with heel out, swivel heel in, step back right with heel out, swivel heel in

TWO MAMBO STEPS WITH 1-4 TURN RIGHT JAZZ BOX

1&2 Cross right over left, step back on left, step right beside left with ¼ turn left

3&4 Cross left over right, step back on right, step left beside right

5-6 Cross right over left, step back on left

7-8 Step right to right side, step left to right

REPEAT