

SHAPE OF MY HEART

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Count: 32

Wall: 2

Level: beginner/intermediate

Choreographer: David J. McDonagh

Music: Shape of My Heart by The Backstreet Boys

Written for the British Heart Foundation Charity 2001.

BACK SHUFFLE, ½ TURN SHUFFLE, RIGHT KICK BALL CHANGE, SLIDE TOGETHER

- 1&2** Step back on right, step left beside right, step back on right
- &** On ball of right turn ½ left turn over left shoulder
- 3&4** Step forward on left, step right beside left, step forward on left
- 5&6** Kick right forward, step right beside left, step left beside right
- 7-8** Large step with right foot to right side, slide left beside right (weight on right)

End facing back wall (6:00)

CHASSE ¼ TURN LEFT, CROSS-CHASSE, HIP SWAYS

- 1&2** Step left to left side, step right beside left, step left to left side with ¼ turn left
- 3&4** Cross-step right over left, step left to left side, cross-step right over left
- 5-6** Step left to left side while swaying hips: left, right
- &** Step left beside right
- 7-8** Step right to right side while swaying hips: right, left

End facing right wall from front (3:00)

HIPS BUMPS WITH TURNS, STEP ½ PIVOT, TRIPLE ½ TURN

- 1&2** On ball of left turn ½ turn left over left shoulder while stepping slightly back on right and also bumping hips: right, left, right
- 3&4** On ball of right turn ¼ turn left over left shoulder while stepping left to left side and also bumping hips: left, right, left
- 5-6** Step forward on right, pivot ½ a turn over left shoulder
- 7&8** Continue turning over left shoulder while stepping: right, left, right in place completing a further ½ turn

End facing back wall (6:00)

LEFT COASTER STEP, WALKS FORWARD, ROCK STEP, FULL TURN BACK OR WALKS BACK

1&2 Step back on left, step right beside left, step forward on left

3-4 Walk forward on right, left

5-6 Rock forward onto right, rock weight back onto left

Easy option here:

7-8 Walk back on right, left

Harder option here:

7 On ball of left turn $\frac{1}{2}$ turn right over right shoulder, stepping forward on right

8 On ball of right turn $\frac{1}{2}$ turn right over right shoulder, stepping back on left

REPEAT

TAG

After the first wall only

JAZZ BOX ON THE SPOT

1-2 Cross-step right over left, step back on left

3-4 Step right to right side, step left beside right