

# WHEN I'M BREATHING

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**Count:** 48

**Wall:** 4

**Level:** intermediate

**Choreographer:** Lisa Ferguson

**Music:** It Only Hurts When I'm Breathing by Shania Twain

## DIAGONAL MAMBO ROCK FORWARD RIGHT, DIAGONAL MAMBO BACK LEFT, SIDE ROCK & CROSS, ½ TURN RIGHT, CROSS

**1&2** Rock forward on right diagonal, replace weight onto left, replace right beside left

**3&4** Rock back on left diagonal, replace weight onto right, replace left beside right

**5&6** Rock right to right side, replace weight onto left, cross right over left

**7&8** Step left ¼ turn right, step right ¼ turn right, cross left over right

## DIAGONAL MAMBO ROCK FORWARD RIGHT, DIAGONAL MAMBO BACK LEFT, SIDE ROCK & CROSS, ½ TURN RIGHT, CROSS

**1&2** Rock forward on right diagonal, replace weight onto left, replace right beside left

**3&4** Rock back on left diagonal, replace weight onto right, replace left beside right

**5&6** Rock right to right side, replace weight onto left, cross right over left

**7&8** Step left ¼ turn right, step right ¼ turn right, cross left over right

## ROCK RIGHT & CROSS, SIDE, BEHIND, ¼ TURN LEFT, STEP RIGHT ½ TURN LEFT, STEP RIGHT, FULL TRIPLE TURN OVER RIGHT

**1&2** Rock right to right side, replace weight onto left, cross right over left

**3&4** Step left to left side, cross right behind left, step left ¼ turn left

**5&6** Step forward right, ½ pivot over left, step forward right

**7&8** Make full turn forward over right, stepping left, right, left (or walk forward stepping left, right, left)

## MAMBO FORWARD RIGHT, STEP BACK LEFT, LOCK, LEFT, MAMBO BACK RIGHT, STEP FORWARD LEFT, LOCK, LEFT

**1&2** Rock forward right, replace weight onto left, replace right beside left

**3&4** Step back left, lock right in front of left, step back left

**5&6** Rock back right, replace weight onto left, replace right beside left

**7&8** Step forward left, lock right behind left, step forward left

**ROCK RIGHT & CROSS, ROCK LEFT & CROSS, SIDE, BEHIND, ¼ TURN RIGHT, STEP LEFT  
½ TURN RIGHT, STEP LEFT**

- 1&2** Rock right to right side, replace weight onto left, cross right over left
- 3&4** Rock left to left side, replace weight onto right, cross left over right
- 5&6** Step right to right side, cross left behind right, step right ¼ turn right
- 7&8** Step forward left, ½ pivot over right, step forward left

**FULL TRIPLE TURN OVER LEFT, MAMBO FORWARD LEFT, MAMBO BACK RIGHT, STEP  
LEFT PIVOT ¼ RIGHT, CROSS LEFT**

- 1&2** Make full turn forward over left, stepping right, left, right (or walk forward stepping right, left, right)
- 3&4** Rock forward on left, replace weight onto right, replace left beside right
- 5&6** Rock forward on right, replace weight onto left, replace right beside left
- 7&8** Step forward left, make ¼ pivot right, cross left over right

**REPEAT**