

Tir Na Nog

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Magali CHABRET - November, 2017

Music: Tír na nÓg (Celtic Woman feat. Oonagh) - [CD : Destiny, 2016] 95 bpm

#15 seconds intro (16 + 8 counts)

S1 : R HEEL GRIND, SWITCH, L HEEL GRIND ¼ TURN L, TRIPLE BACK, BACK ROCK

- 1-2&** Cross right heel over Lf – grind right heel stepping back on Lf – close Rf next to Lf
- 3-4** Cross left heel over Rf – grind left heel turning 1/4 left stepping back on Rf (9:00)
- 5&6** Step back on Lf – step Rf beside Lf – step back on Lf
- 7-8** Rock back on Rf – recover onto Lf

S2 : R & L TRIPLE STEP FWD, PIVOT ¼ TURN L, CROSS, SIDE, TAP

- 1&2** Step Rf forward – step Lf beside Rf – step Rf forward
- 3&4** Step Lf forward – step Rf beside Lf – step Lf forward
- 5-6** Step Rf forward – pivot 1/4 turn left (6:00)
- 7&8** Cross Rf over Lf – step Lf to side – tap ball of Rf behind left heel

S3 : HEEL SPLIT TWICE, “TOE TAP HEEL CROSSES“ TWICE, R MAMBO FWD

- &1&2** Split heels apart – bring heels to center – split heels apart – bring heels to center (weight on L)
- 3&4&** Tap right toe behind left heel – step Rf to side – tap left heel across Rf – step onto Lf in place [**]
- 5&6&** Tap right toe behind left heel – step Rf to side – tap left heel across Rf – step onto Lf in place
- 7&8** Rock Rf forward – recover onto Lf – close Rf next to Lf [*]

S3 : FWD ROCK, TRIPLE ¾ TURN L, MODIFIED VAUDEVILLE L/R

- 1-2** Rock Lf forward – recover onto Rf
- 3&4** Turn 1/2 left stepping Lf forward – step Rf beside Lf – turn 1/4 left stepping Lf slightly forward (9:00)
- 5&6&** Cross Rf over Lf – step Lf to side – touch right heel diagonally right – step Rf beside Lf
- 7&8&** Cross Lf over Rf – step Rf to side – touch left heel diagonally left – step Lf beside Rf

Tag at the end of first wall, facing 9:00 :

1-2hold - hold

*** Restart 1 : 3rd wall starts facing 6:00, dance 24 counts changing count 24 by a Touch Rf , then restart the dance facing 12:00**

**** Restart 2 : 7th wall starts facing 3:00, dance 20 counts (S3, counts 3&4&), then restart the dance facing 9:00**

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr

Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.

Site - www.galichabret.com