

YOU ARE MY LIFE

LINEDANCE.COM

Count: 48

Wall: 4

Level: intermediate

Choreographer: Zandra Mangan (Varnham)

Music: You Are My Life by Michael Jackson

LEFT LOCK FORWARD, RIGHT LOCK FORWARD

1-2-3 Step forward on left foot, lock right in behind left, step forward on left

4-5-6 Step forward on right foot, lock left in behind right, step forward on right

ROCK RECOVER HALF TURN TWICE

1-2-3 Rock forward on left, recover weight back onto right, $\frac{1}{2}$ turn left stepping forward onto left

4-5-6 Rock forward on right, recover weight back on left, $\frac{1}{2}$ turn right stepping forward onto right

STEP PIVOT $\frac{1}{2}$ TURN, STEP PIVOT $\frac{1}{4}$ TURN, CROSS

1-2-3 Step forward onto left, pivot $\frac{1}{2}$ turn over right shoulder, step forward onto left

4-5-6 Step forward onto right, pivot $\frac{1}{4}$ turn over left shoulder, cross right over left

ROCK AND CROSS TWICE

1-2-3 Rock left out to left side, recover weight onto right, cross left over right

4-5-6 Rock right out to right side, recover weight onto left, cross right over left

STEP, DRAG, TOUCH, ROLLING GRAPEVINE

1-2-3 Long step left to left side, drag right next to left, touch right next to left (no weight)

4-5-6 $\frac{1}{4}$ turn right, stepping down on right, $\frac{1}{2}$ turn left stepping back on left, $\frac{1}{4}$ turn on right stepping on right

STEP, DRAG, TOUCH, ROLLING GRAPEVINE

1-2-3 Long step left to left side, drag right next to left, touch right next to left (no weight)

4-5-6 $\frac{1}{4}$ turn right, stepping down on right, $\frac{1}{2}$ turn left stepping back on left, $\frac{1}{4}$ turn on right stepping on right

TWINKLE TWICE

1-2-3 Step left over right, rock right out to the right side, rock recover weight onto left

4-5-6 Step right over left, rock left out to the left side, rock recover weight onto right

TWINKLE ½ TURN, TWINKLE

1-2-3 Step left over right, ¼ turn left stepping back on right, ¼ turn left stepping left to left side

4-5-6 Step right over left, rock left out to the left side, rock recover weight onto right

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=47426