

# Friends NO Benefits

LINEDANCE.COM

**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** Donna Manning - July 2018

**Music:** Friends by Marshmello & Anne Marie

## **NO Tags Or Restarts - 16 count intro**

### **Sec. 1 (1-8) L Basic Salsa, R Basic Salsa**

**1,2,3-4** Push off ball of L back, recover to R, step L together, pause thru 4

**5,6,7-8** Push off the flat of the R fwd, recover to L, step R back to diagonal, pause thru 8 - 12:00

### **Sec. 2 (9-16) L Back Lock Steps, Pause, R Back Lock Steps, Pause**

**1,2,3-4&** Step L to back diagonal, bring R heel to L toe, step L back to diagonal, pause thru 4 but change angle of hips on the & (styling option - drag or kick R to diagonal on 4 still rotating hips)

**5,6,7-8** Step R back to diagonal, bring L heel to R toe, step R back to diagonal, pause thru 8 changing angle of hips to the L - 12:00 facing 10:30 (styling option - drag or kick R to diagonal on 8 on the rotation of hips)

## **Never putting weight on the heel...just skimming the floor**

### **Sec. 3 (17-24) Samba Box modified**

**1,2,3-4** Step L back, step R back, make 1/8 turn L step L to side, pause (9:00)

**5,6,7-8** Cross R over L, step L fwd(7:30), 1/8 turn L step R to R side, pause (6:00)

### **Sec. 4 (25-32) 1/8 Turn L Step back, Back, 1/8 Turn L Step Side, Cross Rock, Recover, Side**

**1,2,3-4** 1/8 turn L stepping L back, step R back, 1/8 turn L stepping L to L side, pause - 3:00

**5,6,7-8** Cross Rock R over L, Recover to L, Step R to R side (might be a longer or shorter step depending on place in the song), drag L to center to be ready to begin again - 3:00

## **HAVE FUN!**

**Please do not alter this step sheet in any way.**

**If you would like to use on your website please make sure it is in its original format and include all CONTACT details on this script.**

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**Mayday reincarnated.....**

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