

# WHAT'S UP LONELY?

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**Count:** 48

**Wall:** 4

**Level:** intermediate

**Choreographer:** Gerard Murphy

**Music:** What's Up Lonely by Kelly Clarkson

## **PRESS RIGHT TO RIGHT, SLIDE/TOUCH, SHUFFLE RIGHT, ROCK & STEP LEFT, SAILOR STEP $\frac{1}{4}$ RIGHT**

**1-2** Long step right to right side (side press), slide & touch right next to left

**3&4** Shuffle right - right, left, right

**5&6** Step ball of left behind right, recover onto right, step left to left side

**7&8** Step right behind left, step left to left side, step right  $\frac{1}{4}$  turn right

## **STEP FORWARD LEFT, STEP FORWARD RIGHT, PIVOT $\frac{1}{2}$ LEFT, SHUFFLE $\frac{3}{4}$ LEFT, ROCK BACK/RECOVER, STEP LEFT FORWARD**

**9-10-11** Step left forward, step right forward, pivot  $\frac{1}{2}$  turn left with weight to left

**12&13** Shuffle  $\frac{3}{4}$  turn left - right, left, right

**14-15-16** Rock back on left, recover forward onto right, step forward on left

## **SHUFFLE FORWARD, STEP FORWARD LEFT, POINT RIGHT TO RIGHT, CROSS ROCK/RECOVER POINT TWICE**

**17&18** Shuffle forward - right, left, right

**19-20** Step forward on left, point right to right side

**21&22** Cross rock right over left (pump right shoulder up/left shoulder down), recover onto left, point right to right side (pump right shoulder down/left shoulder up)

**23&24** Cross rock right over left (pump right shoulder up/left shoulder down), recover onto left, point right to right side (pump right shoulder down/left shoulder up)

**Moving slightly forward on counts 21 to 24**

## **CROSS SHUFFLE LEFT, STEP LEFT, SAILOR STEP, BEHIND/SIDE/CROSS, UNWIND $\frac{3}{4}$ RIGHT/POP RIGHT KNEE**

**25&26** Cross shuffle to left - right, left, right

**27** Step left to left side

**28&29** Step right behind left, step left to left side, step right to right side

**30&31** Step left behind right, step on ball of right, cross step left over right

**32** Unwind  $\frac{3}{4}$  turn right and pop right knee

### **STEP, KICK/BALL, SHUFFLE FORWARD, ROCK/RECOVER, SHUFFLE $\frac{1}{2}$ LEFT**

**33-34&** Step right forward, low kick left forward, step down on left

**35&36** Shuffle forward - right, left, right

**37-38** Rock forward on left, recover onto right

**39&40** Shuffle  $\frac{1}{2}$  turn left - left, right, left (or shuffle 1  $\frac{1}{2}$  turn left - more difficult!)

### **WALK FORWARD RIGHT/LEFT, SWIVEL $\frac{1}{2}$ RIGHT/SIT, POINT/LOOK BACK, STEP/BUMP, STEP/BUMP**

**41-42** Walk forward right, left

**43** Swivel  $\frac{1}{2}$  turn right on balls of both feet while bending knees into sitting position - weight to left

**44** Point right toes forward while standing up - lean slightly back and look over left shoulder

**45-46** Step right forward, hitch left knee slightly (so that foot is just barely off floor) and bump left hip gently left

**47-48** Step left forward, hitch right knee slightly (so that foot is just barely off floor) and bump right hip gently right

### **REPEAT**

### **RESTART**

**After 2 rotations (facing the back wall), do the first 16 counts and restart from the beginning.**

### **TAG**

**After another 2 rotations (facing the front wall), do this 4 count tag and restart from the beginning.**

**1-2** Step right forward, hitch left knee slightly (so that foot is just barely off floor) and bump left hip gently left

**3-4** Step left  $\frac{1}{4}$  turn left, hitch right knee slightly (so that foot is just barely off floor) and bump right hip gently right