

Seven Year Ache

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Count: 32 **Wall:** 2 **Level:** Beginner

Choreographer: Kitty Russell – Pub. August 2018

Music: Seven Year Ache by Rosanne Cash

Right lead

LOCK STEPS FORWARD TO RIGHT, TOUCH, LOCK STEPS FORWARD TO LEFT, TOUCH

- 1-4** Step R diagonally forward to right (1), lock L behind R (2), step R diagonally forward to right (3), touch L next to R (4)
- 5-8** Step L diagonally forward to left (5), lock R behind L (6), step L diagonally forward to left (7), touch R next to L (8)

WALK BACK 3, HITCH X 2

- 1-4** Step R back (1), L back (2), R back (3), hitch L knee up with a little kick (4)
- 5-8** Step L back (5), R back (6), L back (7), hitch R knee up with a little kick (8)

SWAY, TOUCH X 4

- 1-2** Sway R (1), touch L next to R (2)
- 3-4** Sway L (3), touch R next to L (4)
- 5-6** Sway R (5), touch L next to R (6)
- 7-8** Sway L (7), touch R next to L (8)

PIVOT 1/4 TURN LEFT X 2, ROCKING CHAIR

- 1-2** Step forward R (1), pivot 1/4 left (9:00) and step L (2)
- 3-4** Step forward R (3), pivot 1/4 left (6:00) and step L (4)
- 5-8** Rock R forward (5), step L in place (6), rock R back (7), step L in place (8)

Begin again

Last Update - 13 Oct. 2018