

Messed It Up

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Ryan King - August 2018

Music: Emily Burns - Cheat

Intro: 16 counts, start on vocals. No Tags or Restarts.

Music goes slightly out of synch towards the end, just dance through it.

R Cross Point, R Step, Behind Side Cross, Rock Recover 1/4 R Shuffle

- 1 2** Point R toe in front of L, step R to R side.
- 3 & 4** Step L behind R, step R to R side, step L in front of R.
- 5 6** Rock R to R side, recover 1/4 onto L. (9 o'clock)
- 7 & 8** Step R forward, step L next to R, step R forward.

L Mambo, Walk Back R L, R Coaster Cross, & Rock Cross

- 1 & 2** Rock L forward, recover onto R, step back L.
- 3 4** Walk back R, L.
- 5 & 6** Step back R, step L next to R, step R in front of L.
- & 7 8** Rock L to L side, recover onto R, step L in front of R.

R Rock Recover, Behind 1/4 Step, L Rock Recover, 1/2 x 2

- 1 2** Rock R into R corner, recover onto L
- 3 & 4** Step R behind L, step 1/4 on L, step forward R. (6 o'clock)
- 5 6** Rock forward L, recover onto R.
- 7 8** Step 1/2 L (12 o'clock), step 1/2 R (6 o'clock)

L Coaster, 1/4 R Jazz Box, R Side Rock Recover

- 1 & 2** Step back L, step R next to L, step forward L.
- 3 4** Cross R over L, step back L.
- 5 6** Make 1/4 R stepping R to R side, cross L over R. (9 o'clock)
- 7 8** Rock R to R side recover onto L.