

# REFLEX

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**Count:** 32      **Wall:** 4      **Level:** intermediate

**Choreographer:** Craig Cooke

**Music:** I'm Not In The Mood (To Say No!) by Shania Twain

## WALK WALK ½ TURN STEP FORWARD TWICE

- 1-2      Walk forward on right foot, walk forward on left foot
- 3&4      Step forward onto right foot pivot half turn left & step forward onto right foot
- 5-6      Walk forward on left foot, walk forward on right foot
- 7&8      Step forward onto left foot pivot ½ turn right & step forward onto left foot

## ROCK AND CROSS TWICE, SIDE BEHIND CHASSE ¼ TURN

- 1&2      Rock right foot to right side recover onto left foot & cross step right foot over left
- 3&4      Rock left foot to left side recover onto right foot and cross step left foot over right
- 5-6      Step right foot to right side, cross left behind right foot
- 7&8      Step right to right side, step left next to right, step right foot forward making ¼ turn right

## KICK BALL CHANGE, STEP SLIDE TWICE

- 1&2      Kick left foot forward, step left next to right, step right next to left
- 3-4      Take big step to left side and slide right foot next to left foot
- 5&6      Kick right foot forward, step right next to left, step left in place
- 7-8      Take big step right to right side and slide left foot next to right

## GRAPEVINE LEFT AND CLAP, GRAPEVINE RIGHT AND CLAP

- 1-2      Step left foot to left side and step right foot behind left
- 3-4      Step left foot to left side, and touch right besides left and clap
- 5-6      Step right foot to right side, step left behind right
- 7-8      Step right foot to right side and step left in place next to right and clap

**No weight on right foot**

## REPEAT