

# Scandinavian Waltz

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**Count:** 48      **Wall:** 4      **Level:** Improver Waltz

**Choreographer:** Martie Papendorf . South Africa

**Music:** Scandinavian Waltz by Whistlin' Rufus CD "It's About Time".

## (1-6) WALTZ FORWARD AND SIDE

**1-3**      Basic Waltz step fwd on L (L fwd, R together, L together)

**4-6**      Step R to R, L together, R together

## (7-12) BACK DRAG X 2

**1-3** L long step back diagonal L (1), drag R back (2) to touch L (3),

**4-6** R long step back diagonal R (1), drag L back (2) to touch R (3) ,

## (13-18) TURN, SIDE ROCK, SLIDE & FLEX, TOUCH

**1-3**      Turn  $\frac{1}{2}$  to L stepping fwd on L, rock out to R, rock back on L,(6.00)

**4-6**      Turning  $\frac{1}{4}$  L slide /skate R short distance back flexing L foot, drag L to R, touch L next to R (3.00)

## (19-24) TRIPLE TURN X 2 (FULL TURN L)

**1-3**      Triple turn  $\frac{1}{2}$  forward (L, R, L) stepping L fwd (3.00),R in place (12.00),L in place (9.00)

**4-6**      Triple turn  $\frac{1}{2}$  forward (R, L, R) stepping R back towards 3.00 (still facing 9.00),L in place (6.00),R fwd (3.00)

## (25-30) L & R SAILOR STEPS

**1-3**      Cross step L behind R, Step R to R side. Step L in place.

**4-6**      Cross step R behind L, Step L to L side, Step R in place

## (31-36) TURN, POINT, BACK, POINT

**1-3**      Make  $\frac{1}{4}$  turn L stepping L forward, point R to R side, hold (12.00)

**4-6**      Step back R (1), point L across R (2), hold

## (37-42) ROCK, BACK, SIDE, ROCK, BACK, SIDE

**1-3**      Rock L over R, step back R, rock L to L side

**4-6**      Rock R over L, step back L, rock R to R side

**(43-48) CROSS L OVER R, TIGHT TURN R**

**1-6** Cross L over R, make tight  $1\frac{1}{4}$  turn to R over 6 counts, weight ending on R (3.00)

**<http://www.whistlinrufus.com> - <http://myspace.com/whistlinrufusmusic>**

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