

Rise Like A Phoenix

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Count: 40

Wall: 2

Level: Intermediate

Choreographer: M.T.C (UK) May 2014

Music: Fly Like A Phoenix - Conchita Wurst - Eurovision 2014 Austria Entry

Intro 8 counts start on vocals

Section 1: Basic Right, Basic Left, Side, Coaster Step, Step Pivot Turn

- 1-2&** Step Right Long Step to Right Side, Rock Back on Left (Slightly behind R), Recover on Right
- 3-4&** Step Left Long Step to Left Side, Rock Back on Right (Slightly behind L), Recover on Left
- 5-6&7** Step Right to Right Side, Step Back on Left, Step Right Beside Left, Step Left Forward
- 8&1** Step Right forward, Pivot 3/4 Turn Left, Step Right to Right Side

Section 2: Rock Recover Step, Behind Side Cross, Side Together Cross, Side

- 2&3** Rock Back on Left, Recover on Right, Step Left to Left Side
- 4&5** Step Right Behind, Step Left to Left Side, Cross Step Right over Left foot
- 6&7** Step Left to Left Side, Step Right Beside Left, Cross Step Left over Right Foot
- 8** Step Right to Right Side

Section 3: Step, Shuffle, Touch Unwind, Chasse Right, Side

- 1-2&3** Step Left Back, Shuffle Backward Right, Left, Right
- 4-5** Touch Left Behind Right, Unwind 3/4 turn over Left Shoulder,
- 6&7** Step Right to Right Side, Step Left Beside Right, Step Right to Right Side
- 8** Step Left to Left Side

Section 4: Touch, Touch, Sailor 1/4 Turn, Step, Step Pivot Turn, Side

- 1-2** Touch Right Foot Forward, Touch Right Foot to Right Side
- 3&4** Make 1/4 Turn Right Step Back on Right, Step Left Beside Right, Step Right Forward
- 6&7** Step Left Foot Forward, Step Right Foot Forward, Pivot 3/4 Turn Left, Step Right to Right Side
- 8** Touch Left Beside Right

Section 5: Side Touch, Chasse Right, Cross Unwind, Jump Hold Clap

- 1-2** Step Left to Left Side, Touch Right Beside Left

- 3&4** Step Right to Right Side, Step Left Beside Right, Step Right to Right Side
- 5-6** Cross Left over Right, Unwind 1/2 Turn over Right Shoulder
- &7-8** Jump forward Right, Left Hold and Clap

TAG - End of 1st Wall, facing 6:00 - End of 4th Wall, facing 12:00(Music Slows Down So Dance Accordingly)

- 1&2** Step Right Foot Forward, Pivot 1/2 turn over left shoulder, Step Right Foot Forward
- 3&4** Step Left Foot Forward, Pivot 1/2 turn over Right Shoulder, Step Left foot Forward
- 5&6** Step Right to Right Side & Recover Weight To Left In Place, Step Together Right
- 7&8** Step Left to Left Side & Recover Weight To Right In Place, Step Together Left

ENDING - To Be Danced After the 5th wall, facing 6:00 to end the dance on 12:00

- 1-2&** Step Right Long Step to Right Side, Rock Back on Left (Slightly behind R), Recover on Right
- 3-4&5** Make 1/4 Turn Left stepping Left Foot Forward, Step Right Foot Forward, Pivot 1/4 Turn Left, Step Right Foot Forward and Hold

(Music Slows Down During The Ending So Dance Accordingly)

Last Update - 26th May 2014