

# THIS OLD HEART

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**Count:** 48

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Kate Sala & Dee Musk

**Music:** This Old Heart Of Mine by The Isley Brothers

## **SLOW SAILOR STEPS RIGHT & LEFT, BEHIND TOUCH, PIVOT ½ TURN RIGHT**

- 1-2-3** Cross step right behind left, step left to left side, step right to right side
- 4-5-6** Cross step left behind right, step right to right side, step left to left side
- 7-8** Touch right back, pivot ½ turn right, (weight ending forward on right)

## **KICK BALL CHANGE, STEP FORWARD, TAP BEHIND, BACK LOCK STEP, BEHIND TOUCH, PIVOT ½ TURN LEFT**

- 1&2** Kick left forward, step down on left, step forward on right
- 3-4** Step forward on left, tap right behind left
- 5&6** Step back on right, lock step left over right, step back on right
- 7-8** Touch left back, pivot ½ turn left, (weight ending forward on left)

## **RIGHT SIDE, CROSS IN FRONT, SIDE, KICK, LEFT SIDE, CROSS IN FRONT, SIDE, KICK**

- 1-2** Step right to right side, cross step left over right
- 3-4** Step right to right side, kick left forward to left diagonal & click fingers
- 5-6** Step left to left side step, cross step right over left
- 7-8** Step left to left side, kick right forward to right diagonal & click fingers

## **BACK ROCK, RECOVER, RIGHT CHASSE, TAP ACROSS, SIDE, ACROSS, SIDE STEP LEFT**

- 1-2** Rock back on right, rock forward on left
- 3&4** Step right to right side, step left next to right, step right to right side
- 5-6** Tap left toes forward & across to right diagonal, tap left toes out to left side
- 7-8** Tap left toes forward & across to right diagonal, step left out to left side

## **JAZZ BOX ¼ TURN RIGHT, LOCK STEP FORWARD, CHASSE RIGHT**

- 1-2-3** Cross step right over left, step back on left, turn ¼ right stepping right to right side
- 4-5-6** Step forward on left, lock step right behind left, step forward on left
- 7&8** Step right to right side, step left next to right, step right to right side

## **BACK ROCK, KICK BALL CROSS TWICE, BIG STEP LEFT, DRAG IN RIGHT**

- 1-2** Rock back on left, recover on to right
- 3&4** Kick left diagonally forward left, step ball of left back to place, cross step right over left
- 5&6** Kick left diagonally forward left, step ball of left back to place, cross step right over left
- 7-8** Step left long step to left side, drag in right towards left keeping weight on left

## **REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=43009](https://www.linedance.com/index.php?f=dance_view&id=43009)