

RESCUE ME BOOGIE

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Count: 32 **Wall:** 2 **Level:** —

Choreographer: Jim Ray & Tina Ray

Music: Keepin' Up by Alabama

ROCK STEP FORWARD, ON LEFT AND TURN LEFT, LEFT RIGHT LEFT

- 1 Step left foot forward
- 2 Shift weight back to right foot
- 3&4 Turn $\frac{1}{2}$ turn to the left, stepping left, right, left
- 5 Step right foot forward
- 6 Shift weight back to left foot
- 7&8 Turn $\frac{1}{2}$ turn to the right, stepping right, left, right

TWO SHUFFLES FORWARD, STEPPING LEFT, RIGHT, LEFT AND RIGHT, LEFT, RIGHT

- 9&10 Shuffle forward left, right left
- 11&12 Shuffle forward right, left right

STEP TURN A $\frac{1}{2}$, STEP TURN A $\frac{1}{2}$, RIGHT SHOULDER BACK

- 13 Step left foot forward
- 14 Pivot a $\frac{1}{2}$ turn, right shoulder back
- 15 Step left foot forward
- 16 Pivot a $\frac{1}{2}$ turn, right shoulder back

TURN LEFT ONE FULL TURN, LEFT, RIGHT, LEFT AND TAP RIGHT

- 17-19 Turn left one full turn stepping left, right, left
- 20 Tap right toe to your left foot

TURN RIGHT ONE FULL TURN, RIGHT, LEFT, RIGHT AND TAP LEFT

- 21-23 Turn right one full turn stepping right, left, right
- 24 Tap left toe to your right foot

STEP LEFT FORWARD, PIVOT A $\frac{1}{2}$ TURN

- 25 Step left foot forward

26 Pivot a ½ turn to the right

ROLLING TURN STRAIGHT FORWARD A FULL TURN, LEFT, RIGHT, LEFT

If turn too fast, shuffle

27&28 Rolling turn straight, stepping left, right, left a full turn, right shoulder back

29 Tap right toe out to the right

& Step right foot together

30 Tap left toe out to the left

& Step left foot together

31 Tap right toe out to the right

& Step right foot to left together

32 Tap left foot out to the left

REPEAT