

Runnin' Behind Together (P)

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Count: 48 **Wall:** — **Level:** Improver - Partner

Choreographer: Eddie Morrison (Scotland) Feb 2012

Music: Runnin' Behind: by Tracy Lawrence. CD: The Very Best of .. / Sticks & Stones (145 bpm)

16 Count intro start on vocals

Section 1: Adopt Sweetheart Position (S P) Facing Line Of Dance

Chasse right rock back recover -Chasse left rock back recover (Gent slightly behind Lady)

- 1 & 2 Step right to right side, Step left beside right, Step right to right side
- 3 - 4 Rock back on left, Recover on right
- 5 & 6 Step left to left side, Step right beside left, Step left to left side
- 7 - 8 Rock back recover on left

Section 2: Right step lock step lock step to right diagonal - Left step lock step lock step to left diagonal

- 1 - 2 Step right forward, lock left behind right
- 3 & 4 step right forward, Step left behind right, Step right forward**
- 5 - 6 Step left forward, lock right behind left
- 7 & 8 step left forward, Step right behind right, Step left forward**

Section 3: Right rock recover shuffle half turn right- Left rocking chair

- 1 - 2 Rock forward on right, Rock back on left
- 3 & 4 Half turn right stepping right left right
- 5 - 6 Rock forward on left recover on right
- 7 - 8 Rock back on left recover on right

Section 4: Left rock recover shuffle half turn left - Right rocking chair

- 1 - 2 Rock forward on left, Rock back on right
- 3 & 4 Half turn left stepping left right left
- 5 - 6 Rock forward on right recover on left

7 - 8 Rock back on right recover on left

*** Restart the dance here during Sequence 3 and 6**

Section 5: Grapevine Right Touch - Grapevine Left Touch

1 - 2 Step right to the right side, step left behind right

3 - 4 Step right to the right side touch left beside right

5 - 6 Step left to the left side, step right behind left

7 - 8 Step left to the left side touch right beside left

Section 6: Shuffle steps forward x 4,

Gents Steps - Drop ladies left hand For 2 Then (S P)

1 & 2 Step forward on right step left beside right and step right forward

3 & 4 Step forward on left step right beside left and step left forward

5 & 6 Step forward on right step left beside right and step right forward

7 & 8 Step forward on left step right beside left and step left forward

Section 6: Shuffle full turn x1 Then (S P) Shuffle steps forward x 2

Ladies Steps

1 & 2 Step forward on right making a $\frac{1}{4}$ turn right step left beside right making a $\frac{1}{4}$ turn to the right

3 & 4 Step forward on left making a $\frac{1}{4}$ turn right step right beside left making a $\frac{1}{4}$ turn to the right

5 & 6 Step forward on right step left beside right and step right forward

7 & 8 Step forward on left step right beside left and step left forward