

SWEET

LINEDANCE.COM

Count: 64

Wall: 2

Level: intermediate

Choreographer: Jan Wyllie

Music: The Sweet Escape by Gwen Stefani

This dance was choreographed by request for Betty Yule from Geelong Vic who gave me the music

INTRO

SIDE SHUFFLE, ROCK RETURN, ½ SHUFFLE, ROCK RETURN

1&2-3-4 Side shuffle right stepping right, left, right, rock back on left, recover on right

5&6-7-8 Shuffle forward turning ½ right while stepping left, right, left, rock back on right, recover on left

½ SHUFFLE, ROCK RETURN, VINE LEFT TOUCH

9&10-11-12 Shuffle forward turning ½ left stepping right, left, right, rock back on left, recover on right

13-14-15-16 Step left to side, step right behind left, step left to side, touch right beside left

17-32 Repeat above 16 counts and start dance below immediately

THE MAIN DANCE

HEEL JACK, CLAP CLAP, HEEL JACK, CLAP CLAP

&1&2 Step right foot back, touch left heel forward, step left foot back, touch right behind left

3-4 Slap your thighs twice

Or clap hands twice

&5&6-7-8 Repeat first 4 counts

SHUFFLE BACK, COASTER, STEP LOCK STEP, SIDE STEP

9&10-11&212 Shuffle back right, left, right, step left foot back, step right foot beside left, step left foot forward

13-14-15-16 Step forward on right, lock left behind right, step forward on right, step left to left

&ACROSS SIDE, ROCK &ACROSS, ¼ ROCK RETURN, ¾ TURN

- &17-18** Step right beside left, step left across right, step right to right
- 19&20** Step left to side, step right beside left, step left across right
- 21-22** Turn $\frac{1}{4}$ right and rock forward on right, recover to left
- 23-24** Turn $\frac{1}{2}$ right and step forward on right, turn $\frac{1}{4}$ right and step back on left

Now facing front

$\frac{1}{2}$ SHUFFLE, ROCK RETURN, ROCK RETURN, $\frac{1}{2}$ ROCK RETURN, &HEEL &STEP FORWARD

- 25&26-26-28** Turning shuffle forward turning $\frac{1}{2}$ right and stepping right, left, right, rock forward on left, recover to right
- 29-30** Turn $\frac{1}{2}$ left and rock forward on left, recover to right
- &31&32** Step left back, touch right heel forward, step right beside left, step left forward

WALK WALK, STEP BACK/KICK, STEP FORWARD, STEP PIVOT $\frac{1}{4}$, & SIDE TOE STRUT

- 33-34-35-36** Step right forward, step left forward, rock back on right, recover to left
- 37-38&39-40** Step right foot forward, turn $\frac{1}{4}$ left (weight to left), step right together, touch left toe to left, step left heel down

&SIDE TOE STRUT, &SIDE ROCK RETURN, BEHIND SIDE FORWARD, STEP PIVOT $\frac{1}{4}$

- &41-42** Step right beside left, touch left toe to left, step left heel down
- &43-44** Step right beside left, rock left to left, recover to right
- 45&46-47-48** Step left behind right, step right beside left, step left forward, step right forward, turn $\frac{1}{4}$ left (weight to left)

CROSS SHUFFLE, $\frac{1}{2}$ TURN, FORWARD ROCK RETURN, TOE STRUT BACK

- 49&50** Cross shuffle stepping right, left, right
- 51-52** Step left back, turn $\frac{1}{4}$ right and step right to right
- 53-54-55-56** Rock left forward, recover to right, step left toe back, step left in place

&SIDE ROCK RETURN, $\frac{1}{4}$ COASTER, STEP PIVOT $\frac{1}{4}$, STOMP HOLD

- &57-58** Step right beside left, rock left to left, recover to right
- 59&60** Step left behind right, turn $\frac{1}{4}$ left and step right beside left, step left forward
- 61-62** Step right forward, turn $\frac{1}{4}$ left (weight to left)
- 63-64** Stomp right beside left, hold

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=41488