

Mama Told Me Not To Come

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Marilyn Lowery - January 2019

Music: Mama Told Me Not To Come by Three Dog Night

Alternate Music: I'm Gonna Make You Mine by Lou Christie

Start Dance on "Mama Told Me Not to Come"

LINDY TO THE RIGHT & LEFT

- 1 & 2** Triple to Right Side (RLR)
- 3-4** Rock Left Back, Recover on Right
- 5 & 6** Triple to Left Side (LRL)
- 7-8** Rock Right Back, Recover on Left

2 TOE STRUTS FORWARD, RIGHT AND LEFT MAMBO

- 1-2** Touch Right Toe Forward, Step down on Heel
- 3-4** Touch Left Toe Forward, Step down on Heel
- 5 & 6** Step Right to Side, Left in Place, Right next to L
- 7 & 8** Step Left to Side, Right in Place, Left next to R

ROCK RECOVER, 1/2 TURN R WITH TRIPLE, RR, 1/4 TURN L WITH TRIPLE

- 1-2** Rock Forward on Right, Recover on Left
- 3 & 4 1/2** Turn Right with Triple (RLR)
- 5-6** Rock Forward on Left, Recover on Right

7 & 8 1/4 Turn Left with Triple (LRL)

2 TOE STRUTS FORWARD, RIGHT AND LEFT MAMBO

- 1- 2** Touch Right Toe Forward, Step Down on Heel
- 3-4** Touch Left Toe Forward, Step Down on Heel
- 5 & 6** Step Right to Side, Left in Place, Step Right next to L
- 7 & 8** Step Left to Side. Right in Place, Step Left next to R

Contact: ladyfish7@frontier.com

