

THIS I PROMISE YOU

LINEDANCE.COM

Count: 32

Wall: 2

Level: beginner/intermediate

Choreographer: Sally Atkinson

Music: This I Promise You by NSync

1&2 Cross rock step right in front of left, recover onto left, step right to right side

3&4 Step left rock behind right, recover onto right, step left next to right

5&6 Step right rock behind left, recover onto left, step right next to left

7&8 Cross rock step left in front of right, recover on to right, step left to left side

1 Rock forward onto right

2 Recover onto left

3&4 Triple $\frac{1}{2}$ turn right stepping right, left, right

5 Rock forward onto left

6 Recover onto right

7&8 Triple $\frac{1}{2}$ turn left stepping left, right, left

1 Rock right to right side

2 Recover onto left

3&4 Step right behind left, step left to left side, step right in front of left

5 Rock left to left side

6 Recover onto right

7&8 Step left behind right, step right to right side, step left in front of right

1&2 Step forward on right, step forward on left, step back on right

3&4 Step back on left, step back on right, step forward on left

5&6 Triple $\frac{1}{2}$ turn stepping right, left, right

7&8 Step back on left, step back on right, step forward on left

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=42961