

# THE BULL SHIFTS (P)

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**Count:** 32

**Wall:** —

**Level:** Easy Partner

**Choreographer:** Unknown

**Music:** Tryin' To Get To New Orleans by The Tractors

**Position:** Dance starts with the gentlemen ("The Bull") in the middle, with a lady on each side, all facing line of dance

This dance is based on a Russian folk dance called Troika, which is meant to represent a team of three horses pulling a wagon. Troika inserts 8 counts after count 24 where the two outside people join their outside hands to form a small circle and polka around for 8 counts, releasing hands and returning to their starting point on count 8.

## MARCHES (FORWARD & BACK) (MAN HOLDS BOTH LADIES HANDS)

1-3 All-forward right, left, right

4 All-kick left

5-7 All-back left, right, left

8 All-touch right

## UNDERARM TURNS (MAN HOLDS BOTH LADIES HANDS THROUGHOUT THE TURNS)

9-12 Bull-lifts left arm while stepping in place right, left, right, left

**Outside lady-walks under mans left arm right, left, right, left**

**Inside lady-steps in place right, left, right, left**

13-16 Bull-turns in place under his left arm (to the left) stepping right, left, right, left

**Outside lady-continues behind man & back to original position**

**Inside lady-steps in place right, left, right, left**

17-20 Bull-lifts right arm while stepping in place right, left, right, left

**Inside lady-walks under mans right arm right, left, right, left**

**Outside lady-steps in place right, left, right, left**

**21-24** Bull-turns in place under his right arm (to the right) stepping right, left, right, left

**Inside lady-continues behind man & back to original position**

**Outside lady-steps in place right, left, right, left**

### **THE BULL SHIFTS W/HIP BUMPS**

**25-28** Bull-walks forward right, left, right, left. (to new partners)

**Outside lady-march in place right, left, right, left**

**Inside lady-march in place right, left, right, left.**

**29-30** Bull-bumps right hips to right lady twice

**Outside lady-bumps left hips to man twice**

**Inside lady-bumps left hips twice**

**31-32** Bull-bumps left hips to left lady twice

**Outside lady-bumps right hips to right once to left once ending with weight on left**

**Inside lady-bumps right hips to man once to left once ending with weight on left**

**REPEAT**