

# Wasted Time

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**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** April Barker - January 2019

**Music:** Wasted Time, by Keith Urban

## INTRO- 16 COUNTS

Start with lyrics, approx. :10 in

### SECTION 1- Grapevine/step kicks

**1,2:** Step to the R, cross L behind R

**3,4:** Step onto R, then quickly do a heel kick into ground with L, put weight back onto L, and cross R in front of L

**5,6:** Step to the L onto L, cross R behind L

**7,8:** Step onto L, then quickly do a heel kick into the ground with R, put weight back onto R, and cross L in front of R

### SECTION 2- Traveling full turn, steps forward, heel twists

**1,2,3,4:** Do a full turn while progressing to the R, RLRL

**5,6:** Step forward, LR, with feet together at the end

**7&8:** Twist on the ball of the foot, moving heels quickly RLR

### SECTION 3- Toe taps, heel kicks

**1,2:** Toe tap R, Toe tap L

**3,4:** Heel kick R, Heel kick L

**5,6:** Tap L toe behind you twice

**7,8:** Scuff L and kick, turning  $\frac{1}{4}$  to the right/clockwise before landing on L facing new wall

### SECTION 4- Hip bumps

**1,2:** Bump hip out to the L twice

**3,4: Bump hip out to the R twice**

**5,6: Bump hip L, then R**

**7&8: Bump hip out to the L twice**

**No Tag Or Restarts, continue to repeat walls until the song is finished.**

**Optional: We like to raise our hands in the air during section 4, and wave them back and forth as we shake our hips!**