

# THE HARDEST WORD

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**Count:** 32      **Wall:** 4      **Level:** beginner/intermediate

**Choreographer:** Helen Peers

**Music:** Sorry Seems To Be The Hardest Word by Blue

## ROCK CROSS SIDE, CROSS $\frac{1}{4}$ BACK, ROCK BACK AND FORWARD, LEFT LOCK STEP

- 1&2**      Cross rock right over left, recover onto left, step right to right side
- 3&4**      Cross left over right, step back onto right turning  $\frac{1}{4}$ , stepping back on left
- 5&6**      Rocking back onto right, recover forward onto left, and step forward onto right
- 7&8**      Stepping left forward, lock right behind left, stepping forward left

## ROCK AND CROSS, SIDE BEHIND $\frac{1}{4}$ , TRIPLE FULL TURN, MAMBO STEP

- 1&2**      Rock right to right side, recover onto left, cross right over left
- 3&4**      Left to left side, right behind left, step forward left making  $\frac{1}{4}$  turn
- 5&6**      Making triple full turn (right, left, right)
- 7&8**      Left rock, recover onto right, step left in place

## COASTER STEP, ROCK AND HALF TURN, TRIPLE FULL TURN, MAMBO STEP

- 1&2**      Back right, left together, step forward onto right
- 3&4**      Rock onto left, recover onto right, step forward left making  $\frac{1}{2}$  turn
- 5&6**      Making full turn (right, left, right)
- 7&8**      Rock forward onto left, recover back onto right, place weight onto left

## ROCK AND CROSS TWICE, SIDE BEHIND $\frac{1}{4}$ , STEP $\frac{1}{2}$ STEP

- 1&2**      Right rock to right side, replace weight onto left and cross right over left
- 3&4**      Left rock to left side, replace weight onto right and cross left over right
- 5&6**      Step right to right side, left behind, turn  $\frac{1}{4}$  stepping forward onto right
- 7&8**      Step forward onto left, pivot half turn, step forward left

## REPEAT