

THE ONE I LOVE

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Count: 64

Wall: 2

Level: intermediate

Choreographer: Caz Mawby

Music: You're The One I Love by David Gray

CROSS ROCK- CHASSE $\frac{1}{4}$ TURN RIGHT -STEP PIVOT $\frac{1}{2}$ TURN-STEP LOCK STEP

- 1-2 Cross rock right over left, recover onto left
- 3&4 Step right to side, step left next to right, step right $\frac{1}{4}$ turn right
- 5-6 Step forward on left, pivot $\frac{1}{2}$ turn right
- 7&8 Step left forward, lock right behind left, step left forward

FULL TURN FORWARD-STEP LOCK STEP-FORWARD ROCK-COASTER STEP

- 1-2 Make a $\frac{1}{2}$ turn stepping back on right, make a $\frac{1}{2}$ turn stepping forward on left
- 3&4 Step right forward, lock left behind right, step right forward
- 5-6 Rock forward on left, recover onto right
- 7&8 Step back on left, step right together, step forward on left

FORWARD ROCK-TRIPLE $\frac{3}{4}$ TURN RIGHT-CROSS SIDE BEHIND SIDE CROSS

- 1-2 Rock forward on right, recover onto left
- 3&4 Triple $\frac{3}{4}$ turn right on a right, left, right
- 5-6 Cross left over right, step right to side
- 7&8 Cross left behind right, step right to side, cross left over right

SIDE ROCK- BEHIND $\frac{1}{4}$ TURN STEP-SKATE LEFT-SKATE RIGHT-SHUFFLE $\frac{1}{2}$ TURN LEFT

- 1-2 Rock right out to side, recover onto left
- 3&4 Cross right behind left, stepping left forward make a $\frac{1}{4}$ turn left, step forward on right
- 5-6 Skate forward left, skate forward right
- 7&8 Shuffle $\frac{1}{2}$ turn over left shoulder on a left, right, left

SWEEP CROSS-COASTER CROSS-SWEEP CROSS-COASTER CROSS

- 1-2 Diagonally right sweep right in front of left, cross step right over left
- 3&4 Step back on left, step right together, cross left over right
- 5-6 Repeat counts 1-2

7&8 Repeat counts 3&4

DIAGONAL FORWARD ROCK-BEHIND SIDE CROSS-SIDE ROCK-SAILOR $\frac{1}{4}$ TURN LEFT

- 1-2** Rock right diagonally forward, recover onto left
- 3&4** Cross right behind left, step left to side, cross right over left
- 5-6** Rock left out to side, recover onto right
- 7&8** Cross left behind right, step right $\frac{1}{4}$ turn left, step left in place

FORWARD ROCK- COASTER STEP-FORWARD ROCK- SHUFFLE $\frac{1}{2}$ TURN LEFT

- 1-2** Rock forward on right, recover onto left
- 3&4** Step back onto right, step left together, step forward on right
- 5-6** Rock forward on left, recover onto right
- 7&8** Shuffle $\frac{1}{2}$ turn over left shoulder on a left, right, left

STEP PIVOT $\frac{1}{2}$ TURN LEFT-STEP LOCK-STEP LOCK STEP-SIDE STEP-TOUCH

- 1-2** Step forward on right, pivot $\frac{1}{2}$ turn left
- 3-4** Step forward on right, lock left behind right
- 5&6** Step forward on right, lock left behind right, step forward on right
- 7-8** Step large step to left side, touch right next to left

REPEAT

ENDING

After 5th wall facing back dance ending as follows:

- 1-2** Cross rock right over left, recover onto left
- 3&4** Triple $\frac{1}{2}$ turn right to face front wall