

THIS CRAZY LIFE

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Count: 64

Wall: 4

Level: intermediate

Choreographer: Cathryn Proudfoot

Music: Everything by Michael Bublé

LEFT SIDE, RIGHT TOGETHER, SHUFFLE FORWARD LEFT, ROCK FORWARD, REPLACE, $\frac{1}{2}$ TURN RIGHT, $\frac{1}{2}$ TURN RIGHT

- 1-2-3&4** Step left to side, step right together with left taking weight, shuffle forward left: step left forward, step right together with left, step left forward
- 5-6-7-8** Rock step right forward, replace weight back on left, turn $\frac{1}{2}$ right to step right forward, turn $\frac{1}{2}$ right to step left back

RIGHT COASTER CROSS, SIDE ROCK REPLACE, CROSS, HOLD, & LEFT CROSS SHUFFLE

- 1&2-3-4** Right coaster cross: step right back, step left back together with right, step right across left, rock step left to side, replace weight onto right
- 5-6&7&8** Step left across in front of right, hold, step right to side, cross shuffle left over right: step left across right, step right to side, step left across right

$\frac{1}{4}$ LEFT, KICK LEFT FORWARD, LEFT COASTER STEP (9:00), FORWARD, HOLD, FULL TURN RIGHT

- 1-2-3&4** Turn $\frac{1}{4}$ left to step right back, kick left forward, left coaster step: step left back, step right back together with left, step left forward
- 5-6-7-8** Step right forward, hold, turn $\frac{1}{2}$ right to step left back, turn $\frac{1}{2}$ right to step right forward

FORWARD, HOLD, SIDE, HOLD, BEHIND SIDE CROSS, SIDE-ROCK REPLACE

- 1-2-3-4** Step left forward, hold, step right to side, hold
- 5&6-7-8** Step left behind right, step right to side, step left across right, rock step right to side, replace weight to left

RIGHT CROSS SHUFFLE, $\frac{1}{4}$ RIGHT, $\frac{1}{2}$ RIGHT (6:00), LEFT DOROTHY STEP, ROCK FORWARD, REPLACE

- 1&2-3-4** Right cross shuffle: step right across left, step left to side, step right across left, turn $\frac{1}{4}$ right to step left back, turn $\frac{1}{2}$ right to step right forward
- 5-6&7-8** Left Dorothy step: step left forward to 45, lock step right behind left, step left to side, rock step right forward, replace weight back onto left

BACK, DRAG, LEFT KICK BALL-STEP, STEP $\frac{3}{4}$ PIVOT, SIDE, BEHIND (3:00)

- 1-2-3&4** Step right back, drag left toe back to right keeping weight on right, left kick ball-step: kick left forward, step left together with right, step right forward
- 5-6-7-8** Step left forward, turn $\frac{3}{4}$ right taking weight on right, step left to side, step right behind left

SIDE SHUFFLE, CROSS-ROCK REPLACE, $\frac{1}{4}$ RIGHT, $\frac{1}{2}$ RIGHT, BACK, DRAG (12:00)

- 1&2-3-4** Side shuffle left: step left to side, step right together with left, step left to side, rock step right across in front on left, replace weight onto left
- 5-6-7-8** Turn $\frac{1}{4}$ right to step right forward, turn $\frac{1}{2}$ right to step left back, step back on right, drag left toe back

LEFT COASTER STEP, FORWARD, $\frac{1}{4}$ RIGHT (3:00), RIGHT SAILOR STEP, CROSS, SIDE

- 1&2-3-4** Left coaster step: step left back, step right back together with left, step left forward, step right forward, turn $\frac{1}{4}$ right stepping left to side
- 5&6-7-8** Right sailor step: step right behind left, step left to side, replace weight onto right, step left across in front of right, step right to side

REPEAT

RESTART

On 2nd wall, dance up to beat 48 & restart dance facing the back

On 6th wall, dance the first 8 counts then add the following 4 count tag

TAG

HIP BUMPS: RIGHT, LEFT, RIGHT, HOLD

- 1-2-3-4** Step right to side bumping hips right, bump hips left, bump hips right, hold

Restart dance after tag facing 3:00 wall

FINISH

The music starts to slow towards the end of the dance. Dance up to count 62 then touch left toe behind right foot, unwind $\frac{1}{2}$ turn left to face the front