

# TRUNDLING COWBOY

LINEDANCE.COM

**Count:** 66                      **Wall:** 2                      **Level:** beginner

**Choreographer:** Zandra Varnham

**Music:** I'm A Cowboy by Smokin' Armadillos

**1**                      Kick right foot over left

**Arm movements: cross arms pointing down, with palms in**

**2**                      Kick right foot out to the right

**Arm movements: keeping arms pointing down, point them down at sides**

**3**                      Step right foot back

**4**                      Rock forward on left

**5**                      Step right beside left

**6**                      Kick left foot over right

**Arm movements: cross arms pointing down, with palms in**

**7**                      Kick left foot out to left side

**Arm movements: keeping arms pointing down, point them down at sides**

**8**                      Step left foot back

**9**                      Rock forward on right

**10**                     Step left beside right

**11&12**                Shuffle left, right, left

**13&14**                Shuffle right, left, right

**15-17**                Scuff left foot, hitch the knee, stomp next to right foot

**18-20**                Scuff right foot, hitch the knee, stomp next to left foot

**21-22**                Switch left then right

**21&22**                Shuffle back right, left, right

- 23&24** Heel switch left, then right
- 25&26** Shuffle back right, left, right
- 27-28** Heel switch left, then right
- 29&30** Shuffle back right, left, right
- 31-32** Heel switch left then right
- 33** Turn  $\frac{1}{4}$  turn right stepping right foot to right side
- 34** Stomp left beside right
- 35** Stomp right beside left
- 36** Rock forward left
- 37** Rock back right
- 38&39** Shuffle back left, right, left
- 40-43** Full turn over right shoulder over 4 counts
- 44&45** Shuffle right, left, right
- 46&47** Shuffle left, right, left
- 48-51** Full turn right over right shoulder over 4 counts
- 52-53** Heel switch left then right
- 54&55** Shuffle back right, left, right
- 56-57** Heel switch left then right
- 58&59** Shuffle back right, left, right
- 60-61** Heel switch left then right
- 62&63** Shuffle back right, left, right
- 64** Turn right stepping right to right side
- 65** Stomp left foot next right

**66** Stomp right foot next to left

**REPEAT**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=44037](https://www.linedance.com/index.php?f=dance_view&id=44037)