

# READY TO RUN

LINEDANCE.COM

**Count:** 32

**Wall:** 2

**Level:** intermediate

**Choreographer:** Steve & Susan Streater

**Music:** Ready To Run by The Dixie Chicks

## HIP BUMPS, JUMP, CROSS, HEEL SPLIT

- 1&2 Step right foot forward with two right hip bumps
- 3&4 Step left foot forward with two left hip bumps
- 5 Jump with both feet apart at shoulder width
- 6 Cross right foot over left
- 7 Unwind ½ turn to the left (now facing back wall)
- &8 Split heels outward then return to center

## SYNCOPATED VINE LEFT, SLIDE, SYNCOPATED VINE RIGHT, SLIDE

- 1 Right steps to right
- 2 Left foot steps behind
- & Right steps to right
- 3 Step left foot to left
- 4 Slide or drag right foot beside left
- 5 Step left foot to left
- 6 Right steps behind
- & Step left foot to left
- 7 Right steps to right
- 8 Slide or drag left foot beside right (taking weight on left)

## RUNNING MAN

- 1& Step right foot forward; scoot right foot back and lift left foot up and beside right calf at the same time
- 2& Step left foot forward; scoot left foot back and lift right foot up and beside left calf at the same time
- 3& Step right foot forward; scoot right foot back and lift left foot up and beside right calf at the same time

- 4&** Step left foot forward; scoot left foot back and lift right foot up and beside left calf at the same time
- 5-6** Step right heel forward, touch right toe back
- 7-8** Pivot ½ turn to the right, step left foot next to right (facing front wall)

**SCISSOR STEP LEFT, SCISSOR STEP RIGHT, STEP, PIVOT ½ TURN LEFT, STEP RIGHT, STEP LEFT**

- 1&2** Step right foot behind left, step left foot back, extend right heel forward on a 45 degree angle (weight is on left foot)
- &3** Step right foot to center, step left foot behind right
- &4** Step right foot back. Extend left heel forward on a 45 degree angle (weight is on right foot)
- &5-6** Step left foot back to center, step right foot forward, pivot ½ turn to the left (facing new wall)
- 7-8** Step forward right, step together left

**REPEAT**