

Shape of My Heart

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: An Eun Young (Kor) November 2018

Music: Shape of My Heart by Sting

S1. RF 1/4 T RIGHT BACK, RECOVER, TURN 1/2 LEFT, HOLD, LF 1/2 T LEFT STEP FORWARD, RF 1/2 T LEFT STEP BACK, LF STEP BACK, HOLD

1-2 Make 1/4 R turn rock R back, Recover on L

3-4 RF 1/2 T L step back, Hold

5-6 LF 1/2 T L step Forward, RF 1/2 T Left step back

7-8 LF step back

S2. RF CLOSE, WALK ,WALK, HOLD, FORWARD, SPIRAL FULL TURN, FORWARD, 1/2 T RIGHT STEP BACK

1-4 RF close, LF step fwd, RF step fwd, hold

5-6 LF step fwd, Spiral full T R

7-8 RF step fwd, LF 1/2 T R step back

S3. RF 1/4 T RIGHT STEP SIDE, HOLD ,SWAY L-R, CROSS KICK, SWING BACK, UNWIND 3/4 TURN LEFT

1-2 RF 1/4 T R step side, Hold

3-4 Sway L-R

5-6 LF kick cross over RF ,swing front to back

7-8 LF touch behind RF, 3/4 T L weight on RF

RESTART HERE 2 TIMES(ON 6TH WALL-AFTER 24COUNTS + TAG / ON 7TH WALL AFTER 24COUNTS)

TAG (2COUNTS)

1-2 LF step L side, hold

S4. FORWARD, HOLD, FORWARD, 1/2 TURN LEFT, FORWARD, SPIRAL FULL TURN RIGHT, FORWARD, 1/4 TURN RIGHT STEP SIDE

1-2LF step fwd, ,Hold

3-4RF step forward, 1/2 T L weight on RF

5-6LF step forward, Spiral full T R

7-8RF step forward, LF 1/2 turn L step back

Enjoy the dance

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