

# Sangria

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**Count:** 48

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Lisa Bodnar (Oct 2015)

**Music:** "Sangria" by Blake Shelton (also goes to "Runaway" by Love & Theft)

## No Tags or Restarts

### (1-8) VINE RIGHT, HEELS, HITCH

**1-4: Vine R - step R foot out to R, step L behind, step R foot out to R and end with left heel down/toe up with a slight lean back**

5 Step down on L, weight transfers to L

6 Switch to put R heel down/toe up

7 Step down on R (weight transfers to R)

8 Hitch left leg with a  $\frac{1}{4}$  "slight face" to the left to wall (the wall off your left shoulder as you face front - you will be angled towards it)

(\*Note - this is more of a slight facing of the wall to prep you for the rolling vine, not an actual turn.)

### (9-16) $\frac{3}{4}$ ROLLING VINE TURN, ROCK STEPS

**1-4 $\frac{3}{4}$  rolling vine turn to the L - L foot comes down on (1), R foot continues the spin to the left on (2), L foot continues down the line to finish up the turn(3) with a touch R next to L on (4) - you will end up facing the FRONT wall again.**

(Considered a  $\frac{3}{4}$  turn because of the slight face to the left wall)

**5-6R rock step forward, recover to L (can add a cha-cha style/hip sways off the following recovers to it to enhance it)**

**7-8R rock step back and recover L**

### (17-24) SHUFFLE FORWARD, ROCK STEP, SHUFFLE BACK ROCK RECOVER

1&2 Shuffle forward R-L-R

3-4 Forward L rock step (can sway w/ hips to accentuate), recover on R

5&6 Shuffle back L-R-L

## **7,8R rock step back (w/ hips sway to accentuate if desired), recover onto L**

### **(25-32) STEP ¼ TURNS WITH HIP ROLLS, CROSS OVER, STEP TOUCH OUT, CROSS UNWIND ½ TURN**

- 1-2** Step R forward and ¼ turn L (with hip rolls as you turn)
- 3-4** Step R forward and ¼ turn again (with hip rolls as you turn - weight is on L)
- 5-6** Step cross R over L, step touch L out to the L
- 7-8** Step cross L over R (7); ½ turn to the right by unwinding - conclude turn with weight on the left and a slight bend of the knee of the right leg with a slight lean back/weight transfer to the L on (8)

**(You will be back facing the starting wall).**

### **(33-40) DIAGONAL STEP TOGETHERS, STEP BACKS/KNEE POPS**

- 1-2** Step R forward and slightly right diagonal ; step L together with R
- 3-4** Step R forward and slightly diagonal again; step L foot to touch next to R on (4) - (weight will be on R)
- 5-8** Step L foot back at a slight diagonal and quickly bring R to meet it with a R knee pop/bend (keep weight on L), step R foot back at a slight diagonal and quickly bring L to meet it with a L knee pop/bend (weight is on R), step L foot back again with the same motion and back to the R one more time. (Weight will be on RIGHT).

### **(41-48) STEP OUT w/ HIP SWAY, SAILOR SHUFFLES, CROSS BEHIND, UNWIND ½ TURN.**

- 1-2** Step out with L to the left and sway hips out to left (to follow the momentum), recover weight back to the right
- 3&4** Continue off the sway into a L sailor shuffle (L steps behind R, R step side right, L steps out to L)
- 5&6** Continue into a R sailor shuffle (R steps behind L, L step side L, R steps out to R - weight on R)

**7-8L leg crosses behind R leg (7) and unwind ½ turn to left (8) - weight will end on LEFT.**

**Begin dance again.**

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