

# SWEET HARMONY

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**Count:** 48      **Wall:** —      **Level:** —

**Choreographer:** Ian St. Leon

**Music:** Captured (By Love's Melody) by Rick Tippe

## **WALTZ FORWARD RIGHT-LEFT-RIGHT, WALTZ BACK LEFT-RIGHT-LEFT, ROCK RIGHT, ROCK LEFT, FULL TURN, SIDE, CENTER, CROSS**

- 1-3**      Step forward on right, step left together, step right in place
- 4-6**      Step back on left, step right together, step left in place
- 7-9**      Step right to right side, step left in place on ball of left, turn full turn right and step right so it is across left
- 10-12**    Step left to left side, step right in place, step left across right

## **SIDE RIGHT, TURN ½ LEFT and LEFT TO SIDE, FORWARD ON RIGHT, ROCK LEFT, ROCK RIGHT FULL TURN, SIDE, CENTER, CROSS, SIDE LEFT, TURN ½ RIGHT AND STEP RIGHT TO SIDE, FORWARD ON LEFT**

- 1-3**      Side right, turn ½ left and step left to side, forward on right
- 4-6**      Step left to left side, step right in place, on ball of right turn full turn left and step left so it is across right
- 7-9**      Step right to right side, step left in place, step right across left
- 10-12**    Side left, turn ½ right and step right to side, forward on left

## **TURN ¼ RIGHT and step FORWARD RIGHT, FORWARD LEFT, PIVOT ½ RIGHT, FORWARD LEFT, ROCK, FORWARD ON RIGHT, BACK ON LEFT, TURN ½ RIGHT AND STEP FORWARD ON RIGHT, FORWARD ON LEFT, TURN ½ RIGHT AND STEP FORWARD ON RIGHT, FULL SPIN FORWARD**

- 1-3**      Turn ¼ right, step forward on the right, step forward on left, pivot ½ turn right (weight on right)
- 4-6**      Step forward on left, rock forward on right, step back on left
- 7-9**      Turn ½ right- forward on right, forward on left, turn ½ right and step forward on right
- 10-12**    Step forward on left, turn ½ turn left and step back on right, turn ½ turn left and step forward on left

**ROCK FORWARD ON RIGHT, BACK ON LEFT, TURN ½ RIGHT and step FORWARD ON RIGHT, FORWARD ON LEFT, TURN ½ RIGHT and step FORWARD ON RIGHT, FULL SPIN FORWARD, ROCK FORWARD ON RIGHT, BACK ON LEFT, TURN ¾ RIGHT AND STEP FORWARD ON RIGHT, DRAG LEFT TOGETHER**

- 1-3** Rock forward on right, step back on left, turn ½ right and step forward on right
- 4-6** Forward on left, turn ½ right and step forward on right, step forward on left
- 7-9** Turn ½ turn left and step back on right, turn ½ turn left and step forward on left, rock forward on right
- 10-12** Step back on left, turn ¾ right and step forward on right, step left to left side (take weight)

**REPEAT**

**TAG**

**On walls 3 and wall 7 you only do the first 24 beats**