

THE SHACKLES DANCE

LINEDANCE.COM

Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Debbie Scrimsher

Music: Shackles by Mary Mary

FORWARD & BACK MAMBO BASICS

1&2 Step forward on left, replace weight onto right, step left next to right

3&4 Step back on right, replace weight onto left, step right next to left

½ TURN PIVOT RIGHT, STOMP, CLAP, CLAPP

5-6 Place ball of left foot forward, pivot ½ turn to right, ending with weight on right foot

7&8 Stomp left foot forward, clap, clap

FORWARD & BACK MAMBO BASICS

9&10 Step forward on right, replace weight onto left, step right next to left

11&12 Step back on left, replace weight onto right, step left next to right

½ TURN PIVOT LEFT, STOMP, CLAP, CLAPP

13-14 Place ball of right foot forward, pivot ½ turn to left, ending with weight on left foot

15&16 Stomp right foot forward, clap, clap

SIDE MAMBO'S WITH CROSS STEPS

17&18 Step left to left, replace weight onto right, cross step left in front of right

19&20 Step right to right, replace weight onto left, cross step right in front of left

SIDE ROCK, CROSSING TRIPLES

21-22 Step left to left, replace weight onto right

23&24 Cross step left in front of right, step slightly to right on right, cross step left in front of right

STEP ¼ TURN RIGHT, ½ TURN PIVOT RIGHT WITH TRIPLE

25-26 Step right foot ¼ turn to right, step forward on left and pivot ½ turn to right

27&28 Replace weight onto right foot, slide ball of left foot slightly forward, step forward on right

SPIRAL TURN TO RIGHT, TRIPLE

29-30 Step forward on left, turn full turn to right, ending with weight still on left and legs crossed

31&32 Step forward on right, slide ball of left foot slightly forward, step forward right

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=37740