

THE LOCA-MOTION

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Count: 44 **Wall:** 4 **Level:** intermediate

Choreographer: Cindi Talbot & Lori MacKenzie

Music: Livin' La Vida Loca by Ricky Martin

KICK, TWIST, TWIST, TWIST (4 TIMES)

- 1&2& Kick right, twist heels right-left-right
- 3&4& Kick left, twist heels left-right-left
- 5&6& Kick right, twist heels right-left-right
- 7&8& Kick left, twist heels left-right-left

CROSS, STEP, CROSS, ROCK STEP; CROSS, STEP, CROSS, ROCK STEP

- 9-10-11 Step right across left, step left, step right across left
- &12 Quickly rock left, in place on right
- 13-14-15 Step left across right, step right, step right across left
- &16 Quickly rock right, in place on left

CROSS, ROCK STEP, CROSS, ROCK STEP, 4 PADDLE TURNS TURNING ½

- 17&18 Cross right over left, rock left, step right, moving forward
- 19&20 Cross left over right, rock right, step left, moving forward
- 21& Touch right toe to side, hitch right knee while pivoting 1/8 left with weight on left
- 22& Repeat 21&
- 23& Repeat 21&
- 24 Touch right toe to side

STEP TOGETHER, SHUFFLE FULL TURN, STEP TOGETHER, SHUFFLE FULL TURN

- 25-26 Step right, step together with left, using lots of hip motion
- 27&28 Shuffle right-left-right, making full turn right
- 29&30 Step left, step together with right, using hips
- 31&32 Shuffle left-right-left, making full turn left

SHUFFLE FORWARD, SHUFFLE ¼ LEFT

- 33&34 Shuffle forward right-left-right

35&36 Shuffle left-right-left, turning $\frac{1}{4}$ to left

KICK STEP CROSS, KICK STEP CROSS, HEEL & HEEL, STEP CROSS STEP

37&38 Kick right forward., Step right, cross left over right

39&40 Kick right forward., Step right, cross left over right

41&42& Kick right heel, step right, kick left heel, step left

43-44 Cross right over left, step left beside right

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=28599