

# THE BAM-A-SHAG

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**Count:** 32                      **Wall:** 2                      **Level:** beginner/intermediate

**Choreographer:** Gloria Johnson & Dusty Miller

**Music:** Dancin', Shaggin' On The Boulevard by Alabama

## FORWARD SHUFFLE, TRIPLE-STEP IN PLACE

**1&2**            Shuffle forward stepping on right, left, right

**3&4**            Triple-step in place stepping on left, right, left

## CROSS-ROCK, TRIPLE-STEP IN PLACE

**5-6**            Rock step right over left; step left in place swinging right back over left

**7&8**            Triple-step in place stepping on right, left, right

**9-10**           Rock-step left over right; step right in place while swinging left back over right

**11&12**           Triple-step in place stepping on left, right, left

## ROCKING $\frac{1}{4}$ TURN

**13**            Rock step right foot to right side (weight changes to right foot) pivoting  $\frac{1}{4}$  turn left on ball of right foot

**14**            Step left foot in place

**15**            Rock step right foot to right side

**16**            Rock weight back onto left foot

## SHUFFLE, $\frac{1}{2}$ TURN

**17&18**           Shuffle forward on right, left, right

**19-20**           Step left foot forward; pivot  $\frac{1}{2}$  turn to the right

## SHUFFLE, SHUFFLE

**21&22**           Shuffle forward on left, right, left

**23&24**           Shuffle forward on right, left, right

## $\frac{1}{2}$ TURN, SHUFFLE

**25-26**           Step forward on left foot; pivot  $\frac{1}{2}$  turn to the right

**27&28**           Shuffle forward on left, right, left

## **ROCKING ¼ TURN**

- 29** Rock step right foot to right side (weight changes to right foot)
- &** Pivot ¼ turn left on ball of right foot
- 30** Step left foot in place
- 31** Rock step right foot to right side
- 32** Rock weight back onto left foot

## **REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=64060](https://www.linedance.com/index.php?f=dance_view&id=64060)