

Running Scared

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Clare Bull (UK) May 2011

Music: Running Scared (Eurovision 2011-Azerbaijan) - Ell & Nikki - Ablum: Eurovision Song Contest Dusseldorf 2011

INTRO : 32 COUNTS

CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR STEP

- 1,2** Cross right over left, step left to left side
- 3&4** Step right behind left, step left to left side, step right to right side
- 5,6** Cross left over right, step right to right side
- 7&8** Step left behind right, step right to right side, step left to left side

CROSS, BACK & CROSS SIDE, CROSS ROCK, FULL ROLLING TURN

- 1,2** Cross right over left, step back on left
- &3,4** Step right to right side, cross left over right, step right to right side
- 5,6** Cross rock left over right, recover on right
- 7&8** Turn 1/4 left stepping on left, turn 1/2 left stepping back on right, turn 1/4 left stepping left to left side

FWD ROCK, SIDE ROCK, BEHIND, SIDE, CROSS SHUFFLE

- 1,2** Rock fwd on right, recover on left
- 3,4** Rock right to right side, recover on left
- 5,6** Step right behind left, step left to left side
- 7&8** Cross right over left, step left to left side, cross right over left

TURN 1/4 LEFT, STEP, STEP 1/2 STEP, TRIPLE TURN, COASTER STEP

- 1,2** Turn 1/4 left stepping fwd on left, step fwd on right
- 3&4** Step fwd on left, make a 1/2 turn right stepping fwd on right, step fwd on left
- 5&6** Full triple turn left stepping right left right
- 7&8** Step back on left, step right next to left, step fwd on left

**ENDING ; TO FINISH FRONT DANCE UP TO STEP 22 ON WALL 7 AND REPLACE 23 & 24
WITH A SAILOR 1/2 TURN**

Contact: www.clarebull.com - sistersioux@googlemail.com

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=83009