

# Skip To The Good Bit

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**Count:** 64      **Wall:** 2      **Level:** Intermediate

**Choreographer:** Tina Summerfield - Nuline UK - Sept 2013

**Music:** Skip To The Good Bit by Rizzle Kicks. Album: Roaring 20's - Single - iTunes

**2 Restarts: Restart 1: Wall 3 after 16 counts -Restart 2: Wall 5 after 48 counts**

**16 count intro**

**Section 1: Walk forward x2, Kick Close, Side rock, Recover Kick, Close, Side rock, Recover, Jazz box**

- 1-2**      Walk forward on right, walk forward on left
- 3&4&**      Kick right forward, close right beside left, rock left to left side, recover to right
- 5&6&**      Kick left forward, close left beside right, rock right to right side, recover to left
- 7&8**      Cross right over left, step left back, step right to right side

**Section 2: Cross, Unwind ½ turn, Coaster step, Forward mambo, Back rock**

- 1-2**      Cross left over right, unwind ½ turn right (weight finishes on left) (6.00)
- 3&4**      Step right back, close left beside right, step right forward
- 5&6**      Rock forward on left, recover to right, step left back
- 7-8**      Rock back on right, recover to left

**Restart 1: Wall 3 Restart dance facing 6.00**

**Section 3: Step forward, Touch behind, Heel jack, Close, Touch, Back rock, Recover, ½ Pivot, Step forward**

- 1-2**      Step right forward, touch left behind right
- &3&4**      Step left back, touch right heel forward, close right beside left, touch left beside right
- 5-6**      Rock back on left (Look to left), recover to right
- 7&8**      Step left forward, pivot ½ turn right, step left forward (12.00)

**Section 4: Step forward, Hold, Ball step, Touch Heel jack, Close, Touch, Back rock, Recover**

- 1-2**      Step right forward, hold
- &3-4**      Close left beside right, step right forward, touch left behind right

**&5&6** Step left back, touch right heel forward, close right beside left, touch left beside right

**7-8** Rock back on left (Look to left), recover to right

### **Section 5: ¼ Pivot, Cross, Step side, Touch, Step side, Touch, Ball cross, Ball cross**

**1&2** Step left forward, pivot ¼ turn right, cross left over right (3.00)

**3-4** Step right to right side with slight dip, touch left to left diagonal

**5-6** Step left to left side with slight dip, touch right to right diagonal

**&7&8** Step ball of right behind left, cross left over right, step ball of right behind left, cross left over right

### **Section 6: ¼ Turn left, ½ Turn left, Shuffle ½ turn left, Coaster step, Out, Out**

**1-2** Making ¼ turn left step right back, making ½ turn left step left forward (6.00)

**3&4** Making ½ turn left step back on right, close left beside right, step back on right (12.00)

**5&6** Step left back, step right back beside left, step left forward

**&7-8** Jump right out to right side, jump left out to left side, hold

**(Optional arms on counts &7- 8 ..... &7- Circle fists inwards chest height full circle with elbows pointing to side, 8 - push right elbow to right, stretch left arm to left side and point index finger)**

**Restart 2: Wall 5 restart dance facing 12.00**

### **Section7: Samba step x2, Cross, Side, Behind, ¼ Turn, Pivot ½ turn**

**1&2** Cross right over left, rock left to left side, recover to right

**3&4** Cross left over right, rock right to right side, recover to left

**5&6** Cross right over left, step left to left side, step right behind left

**7&8** Making ¼ turn left, step left forward, step right forward, pivot ½ turn left (3.00)

### **Section 8: Cross rock, Recover, ¼ Turn, Cross rock, Recover, Side rock, Recover, Step back with Sweep, Step Back with Sweep, Step back, Back rock, Recover**

**1&2** Cross rock right over left, recover to left, making ¼ turn right step right forward (6.00)

**3&4&** Cross rock left over right, recover to right, rock left to left side, recover to right

**5-6** Step left back sweeping right, Step back on right sweeping left back

**7-8&** Step left back, rock back on right, recover to left

**Ending: Dance finishes at the end of Wall 6 : Cross right over left, unwind  $\frac{1}{2}$  turn left to face front .**

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