

# Shang Bu Qi

LINEDANCE.COM

**Count:** 72

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Wendy Loh , Kickick Line Dance (March 2013)

**Music:** Injury Can Not Afford by Wang Lin

**INTRO starts after 4x8s from beginning of music. No Tag - No Restart.**

**INTRO (40 counts)**

**Section INTRO 1 : Hip Bumps R L R L (4 Counts)**

**1-4R hip bump, L hip bump, R hip bump, L hip bump**

**Section INTRO 2 : Basic Cha Cha**

**1,2** Rock RF forward, Recover on LF (12:00)

**3&4** Back Cha Cha RF, LF, RF

**5,6** Rock LF back, Recover on RF

**7&8** Forward Cha Cha LF, RF, LF

**Section INTRO 3 : R Side Rock Recover, Triple Steps, L Side Rock Recover, Triple Steps**

**1,2** Rock RF to side, Recover on LF (12:00)

**4&4** Triple steps on the spot RF, LF, RF

**5,6** Rock LF to side, Recover on RF

**7&8** Triple steps on the spot LF, RF, LF

**Section INTRO 4 : R Step, Turn ½ L, Forward Cha Cha, L Step, Turn ½ R, Forward Cha Cha**

**1,2** Step RF forward, Pivot ½ L (6:00)

**3&4** Forward Cha Cha RF, LF, RF

**5,6** Step LF forward, Pivot ½ R (12:00)

**7&8** Forward Cha Cha LF, RF, LF

**Section INTRO 5 : Repeat Section INTRO 3**

**Section INTRO 6 ; Repeat Section INTRO 1 (4 counts)**

**DANCE (32 counts)**

### **Section A1 : Heel Swivels to Right then Left, Monterey Steps with ½ R Turn**

- 1&2** Swivel both heels to R, L, R & Flick LF behind R leg (12:00)
- 3&4** Swivel both heels to L, R, then L & Flick RF behind L leg
- 5,6** Point RF to side, Turn ½ R & step RF beside LF (6:00)
- 7,8** Pont LF to side, Step LF together

### **Section A2 : R Forward Cha Cha, ¼ R Rock Recover, together, Rock Recover, Together, Rock Recover, Together**

- 1&2** Forward Cha Cha R,L,R (6:00)
- 3,4&** Turn ¼ R & Rock LF to side, Recover on RF, Step LF together (9:00)
- 5,6&** Rock RF to side, Recover on LF, Step RF together
- 7,8&** Rock LF to side, Recover on RF, Step LF together

### **Section A3 : R Toe Struts, Turn ¼ R Toe Struts, Touch, Hold, Step, Point, Hold**

- 1,2** Touch RF beside LF, Turn ¼ R & step RF in place (12:00)
- 3,4** Touch LF beside RF, Step LF in place
- 5,6&** Touch RF beside LF, Hold, Step RF in place
- 7,8** Point LF to side, Hold

### **Section A4 : L Rock Forward, Recover, Turn ¼ L Side Chasse, Point & Sexy Pose**

- 1,2** Rock LF forward, Recover on RF (12:00)
- 3&4** Turn ¼ L & Side Chasse LF, RF, LF (9:00)
- 5-8** Point RF to side with weight on LF & Bend body, right hand to touch right knee then slowly roll body up.

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