

# Watch Your Back!

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**Count:** 32

**Wall:** 4

**Level:** Easy Intermediate

**Choreographer:** Gaye Teather (UK)

**Music:** Watch Your Back by Michael Learns To Rock. Cd: Blue Night. (118 bpm)

**Intro: 32 counts from first beat. (20 seconds). Start dancing just before vocals**

**Dance rotates in CW direction**

**Side stomp. Hold. Together. Cross. Side. Back rock. Chasse Right**

**1 - 2** Stomp Right to Right side. Hold

**&3 - 4** Step Left beside Right. Cross Right over Left. Step Left to Left side

**5 - 6** Rock back on Right. Recover onto Left

**7&8** Step Right to Right side. Step Left beside Right. Step Right to Right side

**Cross. Unwind full turn Right. Chasse quarter turn Left. Quarter turn Left with side rock. Together. Side. Drag**

**1 - 2** Cross Left over Right. Unwind a full turn Right (weight on Right)

**(Non-turning option Left cross rock. Recover)**

**3&4** Step Left to Left side. Step Right beside Left. Quarter turn Left stepping forward on Left

**5 - 6** Quarter turn Left rocking Right to Right side. Recover onto Left (Facing 6 o'clock)

**&7 - 8** Step Right beside Left. Step Left to Left side. Drag Right to touch beside Left

**Back Right. Back Left (with knee pops). Coaster step. Cross. Flick. Diagonal shuffle**

**1 - 2** Step back on Right (popping Left knee forward). Step back on Left (popping Right knee forward)

**3&4** Step back on Right. Step Left beside Right. Step forward on Right

**5 - 6** Cross step Left over Right. Flick Right back turning to face Left diagonal

**7&8** Step Right forward to Left diagonal. Step Left beside Right. Step Right forward to Left diagonal

**Lunge. Recover. Back. Side. Cross. Side. Quarter turn Left. Kick-ball-cross**

**1 - 2** Still facing Left diagonal lunge forward on Left bending Left knee. Recover onto Right

- 3&4** Step back on Left. Straighten up to face 12 o'clock stepping Right to Right side. Cross Left over Right
- 5 - 6** Step Right to Right side. Quarter turn Left (Facing 3 o'clock)
- 7&8** Kick Right forward. Step Right beside Left. Cross Left over Right

**Start again**

**\*Tag: At the end of wall 3 (Facing 9 o'clock) add the following 8 count tag and then restart from beginning facing 9 o'clock**

**Right side stomp. Bump hip Right. Bump hips Left-Right-Left. Back rock. Kick-ball-cross**

- 1 - 2** Stomp Right to Right side (weight on Left) Transfer weight to Right bumping Right hip to Right
- 3&4** Bump hips Left. Right. Left
- 5 - 6** Rock back on Right. Recover onto Left
- 7&8** Kick Right forward. Step Right beside Left. Cross Left over Right