

# Y & P (Young and Pretty)

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**Count:** 38      **Wall:** 2      **Level:** Easy Intermediate

**Choreographer:** Ines Maaß (Germany, May 2014)

**Music:** D. I. Y by Paul Heaton & Jacqui Abbott

## Intro 16 Counts

### Walk R/L, Shuffle Forward, Rock Forward, Shuffle ½ Turn L

1 - 2 walk forward R/L,

3 & 4 step RF forward, step LF towards RF, Step RF forward,

5 - 6 step LF forward, recover on RF,

7 & 8 ¼ turn left stepping LF to left, step RF next to LF, ¼ turn left stepping LF forward,

### Shuffle ½ Turn L 2 x, Step Forward Heel Split, Kick Ball Cross

1 & 2 ¼ turn left stepping RF to right, step LF next to RF, ¼ turn left stepping RF back,

3 & 4 ¼ turn left stepping LF to left, step RF next to LF, ¼ turn left stepping LF forward,

5 & 6 step RF forward, split both heels out, turn both heels to center and shift weight on LF,

7 & 8 kick RF forward, step right ball next to LF, cross LF over RF, (\*\*)

### R Side Together, Scissor Step, L Side Together, Scissor Step

1 - 2 step RF to right, step LF next to RF,

3 & 4 step RF to right, step LF next to RF, cross RF over LF,

5 - 6 step LF to left, step RF next to LF,

7 & 8 step LF to left, step RF next to LF, cross LF over RF,

### Kick Ball Point, Hip Bumps, Kick Ball Cross, Swivels ½ Turn R

1 & 2 kick RF forward, step right ball next to LF, point LF to left side,

3 & 4 bump hips L/R/L shifting weight on LF,

**5 & 6**kick RF forward, step right ball next to LF, cross LF over RF,

**7 & 8**swivel both heels left, swivel both heels right, swivel both heels left making  $\frac{1}{2}$  turn right,

### **Shuffle Forward R/L, Step $\frac{1}{2}$ Turn L**

**1 & 2**step RF forward, step LF towards RF, step RF forward,

**3 & 4**step LF forward, step RF towards LF, step LF forward, (\*)

**5 - 6**step RF forward,  $\frac{1}{2}$  turn left shifting weight on LF.

**Start again.**

**Restarts:-**

**During wall 5 after 36 Counts. (\*)**

**During wall 6 after 16 Counts. (\*\*)**

**Ending: The dance ends during wall 7 after 32 counts on front wall - do the Swivels without turning.**

**Thanks to Achim LaGrange who discovered the song.**

**Contact: [phd-line-dance@hotmail.de](mailto:phd-line-dance@hotmail.de)**