

The Hula-Hoop Dance

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Count: 32 **Wall:** 2 **Level:** Improver

Choreographer: Aiden Fryer (UK) January 2018

Music: Hula Hoop By Omi

Side Toe Point, Side Toe Point Grapevine With Touch

- 1-2** Step Right To Right Side , Cross Left Over Right Point Toe Forward
- 3-4** Step Left To Left Side Cross Right Over Left Point Right Toe Forward
- 5-6-7-8** Step Right To Right Side , Step Behind With Left , Right To Right Side , Touch Left Toe Next To Right

Side Toe Point, Side Toe Point Grapevine ¼ Left With Brush

- 1-2** Step Left To Left Side Cross Right Over Left Point Right Toe Forward
- 3-4 2** Step Right To Right Side , Cross Left Over Right Point Toe Forward
- 5-6-7-8** Step Left To Left Side , Step Behind Right Make ¼ Left Step On Left Brush Right Foot Forward ,Weight On Left.

Rock Forward Recover , Right Coaster Step , Step Out Left Step Out Right , Move Hips Clockwise Twice (Hula Motion)

- 1-2** Rock Forward On Right Recover On Left
- 3&4** Right Coaster Step Stepping Back On Right , Left In Place Forward On Right
- 5-6** Step Out Left , Step Out Right
- 7&8** Move Hips In Clockwise Position Twice

Make Full Turn Over Right Rock Back And Cross.

- 1-2** Make ¼ Right Side Make ¼ Right Step Left To Left Side
- 3-4 2** Step Right To Right Side Make ¼ Right Step Left To Left Side
- 5-6¼ Right Stepping On Right Another ¼ Big Stepping To Left On Left**
- 7-8** Rock Back On Right , Recover On Left Slightly Crossing Left Over Right

Tags:-

Wall 4 After 16 Counts Instead Of Brush Do Shuffle ¼ To Left

Start Of Wall 10

Do 4 Hula Hoops On The Spot

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=122887