

# The Pathway

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**Count:** 42                      **Wall:** 2                      **Level:** Intermediate

**Choreographer:** Flat Guo & Yanzi Zhang(China) 2016.6

**Music:** Ninglin - The Pathway

**Intro: 14 counts**

**Restart: on Wall 3 after 28 counts**

**(1-8)Lunge, Recover, Sailor cross, Side, 1/4 turn R and Wall forward R, L, Spiral Turn, Forward**

1-2            Lunge R diagonal, Recover on L

3&4&        Step R back, Step L to L, Cross R over L, Step L to L

**5-6 1/4 turn R stepping R forward, Step L forward(3:00)**

7&8            Step R forward, Spiral turn L, Step R forward(3:00)

**(9-16)Turn R and L side, R side, Cross shuffle, R Mambo Cross, L Mambo Cross, Recover**

**1&2&3 1/4 turn R stepping L to L, Step R to R, Cross L over R, Step R together, Cross L over R**

4&5            Rock R to R, Recover on L, Step R back

6&7-8        Rock L to L, Recover on R, Rock L cross behind over R, Recover on R

**(17-25)Turn L and Anchor step, Rock, Recover, Turn and Forward, Triple turn L, Triple Turn L**

**1-2-3 1/8 turn L rocking L cross behind over R and bend R knee, Recover on R, Step L behind R(4:30)**

4&5            Rock R forward, Recover on L, 3/8 turn R stepping R forward(9:00)

6&7            Step L forward, 1/4 turn L stepping R to R, 1/4 turn L stepping L to L(3:00)

8&1            Step R back, 1/4 turn L stepping L to L, 1/4 turn L stepping R forward(9:00)

**(26-32)Rock, Recover, Back, Touch, Turn R, Sprial turn, Rock, Recover, back**

2&3&4        Rock L forward, Recover on R, Step L back, Touch R behind L, 1/2 turn R

5-6            Step L forward, Spiral turn R stepping R forward

7&8            Rock L forward, Recover on R, Step L back

**(33-40)Coaster step, Forward, Turn and Sweep, Cross, Recover, Side, Spiral turn L  
Touch**

- 1&2** Step R back, Step L together, Step R forward
- 3-4** Step L forward, 1/4 turn L sweeping R back to front(6:00)
- 5&6** Cross R over L, Recover on L, 1/2 turn R stepping R to(12:00)
- 7-8&** Step L forward , 1/4 turn L stepping R to R, 3/4 turn L stepping L to L(12:00)

**(41-42)Cross unwind turn L**

**1-2 1/2 turn L stepping R cross over L(6:00), 1/2 turn L**

**Have fun!**

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