

# THIS TRAIN

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**Count:** 32

**Wall:** 4

**Level:** intermediate/advanced east coast swing

**Choreographer:** Jenifer Wolf

**Music:** This Train by Rick Nelson

## SIDE TRIPLE, ROCK, REPLACE, STEP, BRUSH, SHUFFLE

- 1&2** Step right to right side, step left beside right, step right to right side
- 3-4** Step left back slightly behind right, step right in place (rock, replace)
- 5-6** Step left forward, brush right beside left
- 7&8** Step right forward, step left beside right, step right forward (shuffle)

## ROCK, REPLACE, TURN $\frac{3}{4}$ LEFT, ROCK, REPLACE, TURN $\frac{3}{4}$ RIGHT

- 1-2** Step left forward, step right in place (rock, replace)
- 3&4** Turn  $\frac{1}{2}$  left onto left, step right beside left, turn  $\frac{1}{4}$  left onto left ( $\frac{3}{4}$  left turn as you step left, right, left)
- 5-6** Step right forward, step left in place (rock, replace)
- 7&8** Turn  $\frac{1}{2}$  right onto right, step left beside right, turn  $\frac{1}{4}$  right onto right ( $\frac{3}{4}$  right turn as you step right, left, right)

## WEAVE, HEEL, WEAVE, STEP

- 1-2** Cross left over in front of right, step right to right side
- 3&4** Cross left behind right, step right to right side, touch left heel in front
- &5-6** Step right back, cross right in front of left, step left to left side
- 7-8** Cross right behind left, step left to left side

## $\frac{1}{4}$ TURN MONTEREY, TOUCH, TURN $\frac{1}{2}$ TRIPLE, STEP

- 1-2** Touch right toe to right, side, pivot on left as you turn  $\frac{1}{4}$  right and step right beside left
- 3-4** Touch left toe to left side, step left beside right (Monterey  $\frac{1}{4}$  turn)
- 5-6** Touch right toe to right side, pivot on left as you turn  $\frac{1}{4}$  right onto right ( $\frac{1}{2}$  turning triple)
- &7-8** Step left beside right (quick step), turn  $\frac{1}{4}$  right onto right, step left beside right

## REPEAT